

AAROH

Institutional Yearbook

2026

Year One :
The Foundation Year Chronicle



**ShriRamchandra Institute Of
Medical Sciences (SRIMS)
College Of Physiotherapy**
Chh. Sambhajinagar

ISBN NO. : 978-93-5933-508-7

AAROH



Institutional Yearbook

2026

Year One

The Foundation Year Chronicle

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AAROH 2026

Year One – The Foundation Year Chronicle

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This yearbook has been published to commemorate the Foundation Year of SRIMS College of Physiotherapy and to preserve the academic, cultural, and institutional milestones of the inaugural batch.

Publisher

ShriRamchandra Institute of Medical Sciences (SRIMS)
College of Physiotherapy
Chhatrapati Sambhajinagar, Maharashtra, India

Editor-in-Chief

Dr. Aditya P. Vaidya (PT)

Editorial Board

Editorial Committee,
SRIMS College of Physiotherapy

First Edition: 2026

ISBN: 978-93-5933-508-7

Language: English

Printed in India

For Internal Circulation Only (Not for Sale)

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For correspondence regarding this publication:

ShriRamchandra Institute of Medical Sciences (SRIMS) College of Physiotherapy,
Chhatrapati Sambhajinagar, Maharashtra, India

“The first chapter of an institution is written only once. This volume preserves that beginning for generations to come.”

Foreword



It gives me great pleasure to convey my greetings on the publication of the AAROH 2026 – Year One: The Foundation Year Chronicle, the inaugural institutional yearbook of ShriRamchandra Institute of Medical Sciences (SRIMS) College of Physiotherapy, Chh. Sambhajinagar, Maharashtra.

A yearbook is a proud possession of any institution as it reflects the academic and professional activities along with the achievements and progress of the institution. It captures moments of inspiration, innovation, inclusion, integrity, indomitable spirit and involvement of all those connected with the institution.

Physiotherapy has now entered an era of excellent opportunities to contribute to prevention, curative aspects, treatment, health promotion, and the overall improvement of quality of life. Physiotherapists are emerging as important members of the healthcare delivery team and are playing a vital role in addressing the health needs of the community at large. They must be well-versed with knowledge and skills for evidence-based practice and be able to meet the emerging challenges through innovation, research, effective collaboration, leadership, and commitment to high-quality education and care. Thus, physiotherapy education institutions like SRIMS College of Physiotherapy, Chh. Sambhajinagar, are contributing towards developing future healthcare professionals who can address the country's and the globe's healthcare needs.

I am delighted to know that SRIMS College of Physiotherapy has been able to achieve excellence in academics, clinical teaching – learning, research, community service, sports, cultural programs, and other professional aspects. The constant endeavour of management, faculty members, staff, and students of the college towards maintaining high-quality education and infrastructure truly reflects the vision of the Maharashtra University of Health Sciences in producing quality healthcare professionals.

In this regard, I express my sincere appreciation for bringing out **AAROH 2026**, the inaugural institutional yearbook, capturing all the valuable efforts and achievements of the college in an excellent manner. I wish to congratulate the entire editorial board for their incredible efforts in bringing out this edition of the college yearbook.

I also wish to extend my heartfelt congratulations to the management, the Principal, faculty members, students, alumni, and all others connected with SRIMS College of Physiotherapy, Chh. Sambhajinagar, Maharashtra, on their achievements and ever-growing reputation and goodwill.

I have full faith and confidence that they will continue to flourish and achieve greater heights of excellence in academics, research, innovation, and community service, thus contributing immensely to the growth of physiotherapy education and creating human power for the healthcare sector.

I express my best wishes for their continued excellence and convey that AAROH 2026 will always remain a cherished possession of the college for all those connected with it.

With warm regards and best wishes,

Dr. Y. Praveen Kumar (PT)

Professor and HOD

Department of Cardio-vascular and Respiratory Physiotherapy

VSPM's College of Physiotherapy, Nagpur

Dean, Faculty of Allied Health Sciences

Maharashtra University of Health Sciences, Nashik

Vision

To be recognized as a premier institution in Physiotherapy education, research, and clinical excellence, nurturing competent, compassionate, ethical, and socially responsible professionals committed to service and nation-building.

Mission

- To provide quality Physiotherapy education that nurtures excellence, professionalism, leadership, and lifelong learning.
- To deliver ethical, evidence-based, and compassionate patient care through excellence in clinical practice.
- To promote research, innovation and entrepreneurship for the advancement of Physiotherapy Profession.
- To enhance community health and well-being through preventive, promotive, rehabilitative, and outreach healthcare services.
- To develop socially responsible, ethically grounded, and nationally committed healthcare professionals dedicated to service and human values.

INDEX

Sr. No.	Description	Page No.
1	Vision & Mission	i
2	From the Desk of the Management	1 – 4
3	From the Desk of the Principal	5
4	Editor-in-Chief's Message	6
5	Teaching Faculty & Non-Teaching Staff	7 – 8
6	Our Student Council 2025–26	9
7	The Need : Why SRIMS College of Physiotherapy Was Established	10
8	The Journey: From Vision to Affiliation	12
9	The First Step: Deeksharambh: Where the Journey Began	14
10	Mission in Action: Living Our Vision Through Purposeful Initiatives	25
11	Healing Through Clinical Excellence	26
12	Beyond Campus, Into the Community	28
13	Awareness with a Purpose	43
14	Building Competence through Academic Education	50
15	Empowering Students Beyond Academics	62
16	Faculty Excellence and Recognition	80
17	Scholarly Research Contributions	90

From Desk of Chairman

It gives me immense pride and satisfaction to witness the successful establishment and promising journey of ShriRamchandra Institute of Medical Sciences (SRIMS) College of Physiotherapy during its foundation year.

Under the esteemed aegis of Dr. Babasaheb Ambedkar Vaidyakiya Pratishthan (BAVP), this institution has been founded with a vision to promote excellence in healthcare education, rooted in compassion, service, and social responsibility. The launch of SRIMS College of Physiotherapy marks an important milestone in our continued commitment to quality education and accessible healthcare for society.

The first year has laid a strong academic and clinical foundation for the institution. It is heartening to witness the enthusiasm of our students, the dedication of our faculty, and the collective efforts that have transformed this vision into reality.

As we present AAROH 2026 – Year One: The Foundation Year Chronicle, this publication beautifully captures the milestones, achievements, and aspirations of our inaugural year.

I extend my heartfelt best wishes to all students, faculty members, and stakeholders. May SRIMS College of Physiotherapy continue to rise in excellence and service in the years ahead.

With warm regards,
Dr. Satish Kulkarni
Chairman

Dr. Babasaheb Ambedkar Vaidyakiya Pratishthan
Chh. Sambhajinagar

From Desk of Secretary

At Dr. Babasaheb Ambedkar Vaidyakiya Pratishthan, our vision has always been centered on delivering healthcare and education that uplift lives and strengthen society, especially in underserved regions. The establishment of ShriRamchandra Institute of Medical Sciences (SRIMS) College of Physiotherapy is a proud reflection of this vision. During its foundation year, the college has emerged as a platform where academic excellence, clinical training, and compassionate care come together to shape the physiotherapists of tomorrow.

At the same time, education must go beyond professional training. An institution should inspire its students and faculty to think about the nation, its society, its culture, and its values. A college that embraces this perspective naturally nurtures professionals who are not only skilled, but also responsible, ethical, and socially aware citizens.

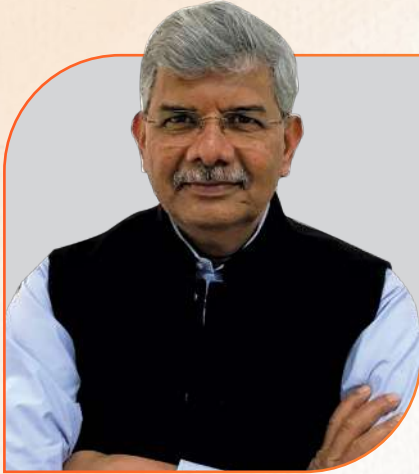
Whether they choose private practice, public service, or academics, such individuals carry a deep sense of responsibility and purpose in their work. Over time, this leads to the creation of a community of professionals and educators who not only uphold ethical standards but also inspire and guide future generations.

It is our hope that this vision extends beyond a single institution. The true impact of such education lies in its ability to influence a wider ecosystem — nurturing healthcare professionals who think beyond personal success and contribute meaningfully to society and the nation. At SRIMS College of Physiotherapy, we are committed to nurturing this very ethos in our academic and institutional journey. As we present AAROH 2026 – Year One: The Foundation Year Chronicle, this publication reflects the spirit, milestones, and aspirations that have shaped our inaugural year.

I congratulate the faculty, staff, and students for their dedication in shaping an institution rooted in values and purpose. May this journey continue to nurture professionals who contribute meaningfully to society and, in time, carry forward this ethos by inspiring and establishing similar institutions across the country.

Sincerely,
Dr. Ashwinikumar Tupkary
Secretary

Dr. Babasaheb Ambedkar Vaidyakiya Pratishthan
Chh. Sambhajinagar

From the Desk of the Director – SRIMS

With the guiding motto of “Give maximum, expect minimum,” Dr. Babasaheb Ambedkar Vaidyakiya Pratishthan (BAVP) began its journey with Dr. Hedgewar Rughnaya in 1989. Over the decades, this vision has grown into a trusted healthcare ecosystem with multiple hospitals, one of Asia’s leading blood banks, and numerous community development initiatives – all dedicated to social transformation through healthcare.

The establishment of ShriRamchandra Institute of Medical Sciences (SRIMS) College of Physiotherapy marks the next significant milestone in this journey. During its foundation year, The college has laid a strong foundation to nurture skilled and compassionate physiotherapy professionals. who appreciate the true value of rehabilitation, preventive care, and human connection.

At SRIMS College of Physiotherapy, students are provided with a vibrant academic environment supported by robust infrastructure, dedicated faculty, and meaningful clinical exposure through our hospitals and outreach initiatives. This integration of knowledge with real-world patient care forms the essence of quality physiotherapy education.

As we present AAROH 2026 – Year One: The Foundation Year Chronicle, this edition reflects the vision, effort, and milestones that have shaped our inaugural year.

I extend my best wishes to the students, faculty, and the entire SRIMS family as we continue this purposeful journey towards excellence and service.

Jai Shree Ram!

With warm regards,

Dr. Anant Pandhare

Director – SRIMS

Patron – SRIMS College of Physiotherapy
Trustee, Dr. Babasaheb Ambedkar Vaidyakiya Pratishthan

From the Desk of the Executive Trustee

ShriRamchandra Institute of Medical Sciences (SRIMS) College of Physiotherapy stands as a beacon of learning, service, and innovation within the Dr. Babasaheb Ambedkar Vaidyakiya Pratishthan network.

It has been a matter of great pride to witness the institution grow during its foundation year into a promising center of academic excellence and compassionate healthcare education. Our vision has always been to nurture professionals who are prepared to meet the needs of society – not only within hospitals and clinics, but wherever healing, rehabilitation, and care are needed.

At SRIMS College of Physiotherapy, students are immersed in a holistic educational environment supported by modern infrastructure, dedicated mentors, and meaningful opportunities for clinical and community engagement. We strongly believe in fostering a culture where students learn to think critically, act ethically, and serve with empathy.

As we present AAROH 2026 – Year One: The Foundation Year Chronicle, this publication reflects the journey, achievements, and aspirations that have defined our inaugural year.

To our students and future physiotherapists, this is the beginning of a meaningful journey – one that empowers you not only to heal, but also to lead with compassion and responsibility.

With warm regards,

Dr. Avinash Buche

Executive Trustee

SRIMS College of Physiotherapy

Joint Secretary, Dr. Babasaheb Ambedkar Vaidyakiya Pratishthan

From the Desk of Principal



It gives me immense joy and pride to reflect upon the successful completion of the foundation year of SRIMS College of Physiotherapy - a place where the passion for healing meets the power of science.

As a proud initiative under the visionary aegis of Dr. Babasaheb Ambedkar Vaidyakiya Pratishthan (BAVP), our institution is committed to nurturing future physiotherapists who are not only clinically proficient but also compassionate, ethical, and socially responsible.

The first year of our journey has been truly remarkable. From building strong academic systems and meaningful clinical exposure to fostering research, student development, and community engagement, this year has laid the foundation for a culture of excellence.

What makes our institution truly unique is its close integration with real-world healthcare through the BAVP hospital network and outreach initiatives. This enables our students to experience patient care in its most authentic and impactful form.

As we present AAROH 2026 – Year One: The Foundation Year Chronicle, this publication stands as a reflection of our first milestones, our collective efforts, and the aspirations that will guide us forward.

I warmly welcome all students to this vibrant journey of learning, leadership, and healing.

With warm regards,
Dr. Surendra K. Wani (PT, PhD)
Principal
SRIMS College of Physiotherapy

Editor-in-Chief's Message

"Every great institution has a beginning. What makes that beginning unforgettable is the decision to preserve it."

It is with immense pride and a deep sense of responsibility that I present AAROH 2026 – Year One: The Foundation Year Chronicle, the inaugural institutional yearbook of SRIMS College of Physiotherapy. The Foundation Year of an institution is unlike any other. It is the only year in which every achievement is a first—the first students, the first classrooms filled with learning, the first academic activities, the first community initiatives, the first traditions, and the first memories that together become part of the institution's identity. These moments are unique because they can never be recreated.

AAROH, meaning "to ascend," reflects the spirit of our institution—not merely the pursuit of academic excellence, but a continuous journey of learning, character, service, and growth. The Foundation Year can only be lived once, but it can be remembered forever. This yearbook was conceived with that simple purpose: to preserve the beginning of an institution whose story will continue to unfold for generations.

As Editor-in-Chief, I considered it both a privilege and a responsibility to present this chronicle with sincerity and authenticity. My hope is that when future students, faculty members, and alumni revisit these pages years from now, they will not merely see what happened during our Foundation Year, but also appreciate the values, vision, and collective commitment upon which this institution was built.

This publication is the outcome of the collective dedication of our visionary management, respected faculty, dedicated staff, enthusiastic students, and the Editorial Committee. I sincerely thank every individual who contributed their time, ideas, memories, and unwavering support in making this chronicle possible.

May this inaugural volume always remind future generations that every great institution was once someone's vision, someone's responsibility, and someone's first beginning.

The Foundation Year can only be lived once, but through AAROH 2026, it can be remembered forever.

With warm regards,
Dr. Aditya P. Vaidya (PT)
Editor-in-Chief

AAROH 2026 – Year One:
The Foundation Year Chronicle

Our Teaching Faculty



Dr. Surendra Wani (PT, PhD)
Principal & Professor



Dr. Aditya Vaidya (PT)
Assistant Professor



Dr. Neha Pujari (PT)
Assistant Professor



Dr. Rohini Asane (PT)
Assistant Professor



Dr. Sheetal Bankar (PT)
Assistant Professor



Dr. Kanchan Joshi (PT)
Assistant Professor

Our Non-Teaching Staff

Sr. No.	Name of Staff	Designation
1	Mrs. Archana K. Bagul	Academic Clerk
2	Ms. Rutuja D. Palaskar	Account Clerk
3	Mrs. Radhika V. Kale	Librarian
4	Mr. Sachin B. More	Registration & Data Entry Operator
5	Mr. Satish E. Chhapre	Lab. Assistant
6	Mrs. Shital R. Joshi	Lab. Assistant
7	Mr. Satish T. Agjal	Peon
8	Mr. Nitin M. Gaikwad	Peon
9	Mrs. Nanda Gaikwad	Sweeper

Our Administrative Support



Mrs. Archana Bagul
Academic Clerk



Mrs. Sanjeevani Khirdikar
Accounts Officer



Mr. Shrikant Walture
Accounts Manager

Our Student Council 2025-26



Shivam Landge
General Secretary



Padmaja Gaikwad
Joint Secretary



Narayani Kulkarni
Cultural Secretary



Akanksha Chaudhari
Sports Secretary



Vaishnavi Joshi
Academic Representative



Supriya Tat
Community Outreach Representative



SRIMS-COP Foundation Batch 2025-26

The Need

Why SRIMS College of Physiotherapy Was Established

The establishment of **ShriRamchandra Institute of Medical Sciences (SRIMS) College of Physiotherapy** was driven by a clear and pressing regional healthcare need.

The **Marathwada region**, comprising eight districts, serves a population of approximately **1.87 crore (18,731,872)**. Despite this large population base, the availability of trained physiotherapy professionals has remained significantly limited. At the time of conceptualization, the region had **21 physiotherapy colleges**, with an average annual output of nearly **1,260 graduates**. Yet, this translated to only **one physiotherapist for nearly every 7,000 people**, highlighting a substantial gap in rehabilitation and physiotherapy services.

Another major concern was the quality of clinical training available to physiotherapy students in the region. A detailed analysis revealed that **among the 21 physiotherapy colleges in Marathwada, only 2 colleges were attached to a medical college**. The majority of institutions functioned without access to a well-established Medical college and multispecialty teaching hospital, thereby limiting students' opportunities for structured clinical exposure, interdisciplinary learning, and real-time patient management experience.

Recognizing this critical need, **Dr. Babasaheb Ambedkar Vaidyakiya Pratishthan (BAPV)** envisioned an institution that would bridge the gap between academic learning and hands-on clinical training. The establishment of SRIMS College of Physiotherapy emerged as a natural extension of BAPV's longstanding commitment to healthcare and medical education.

Strategically attached to **Dr. Hedgewar Rugnalaya and R. K. Damani Medical College – ShriRamchandra Institute of Medical Sciences**, the college was designed to offer students meaningful exposure to diverse patient populations, modern infrastructure, and collaborative healthcare practice.

Thus, SRIMS College of Physiotherapy was founded not merely as an educational institution, but as a response to a regional healthcare necessity – with the vision of nurturing competent, compassionate, and socially responsible physiotherapy professionals.



Chhatrapati Sambhajnagar

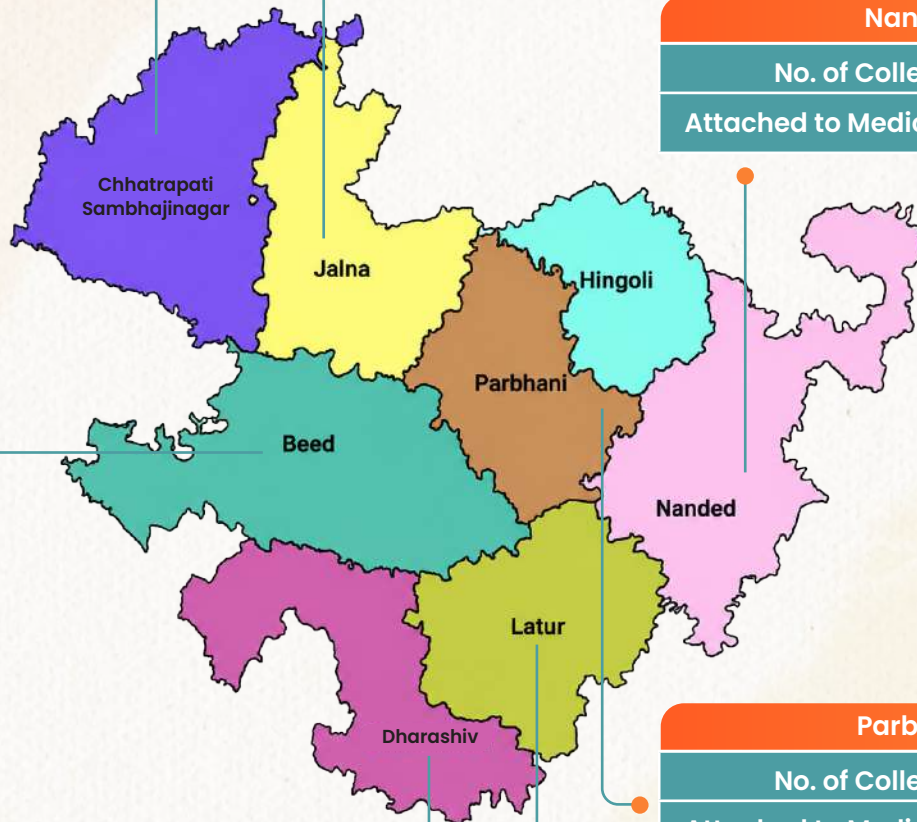
No. of Colleges	6
Attached to Medical College	1

Jalna

No. of Colleges	1
Attached to Medical College	0

Nanded

No. of Colleges	4
Attached to Medical College	0



Beed

No. of Colleges	4
Attached to Medical College	0

Parbhani

No. of Colleges	1
Attached to Medical College	0

Latur

No. of Colleges	1
Attached to Medical College	1

Dharashiv

No. of Colleges	2
Attached to Medical College	0

The Journey

From Vision to Affiliation

EVERY INSTITUTION BEGINS AS AN IDEA.

Ours began as a vision to transform healthcare education and create a center of excellence in physiotherapy for the Marathwada region.

The journey of **SRIMS College of Physiotherapy** is a story of determination, careful planning, and unwavering commitment. From the first official application to the commencement of academic life, every milestone marked a step upward in the ascent of our institution.

1



31st October 2023

**Application Submitted to MUHS,
Nashik**

The first formal step towards the establishment of the college, marking the beginning of the institutional journey.



2



05th November 2024

DMER Feasibility Inspection

A crucial stage in evaluating infrastructure readiness, academic planning, and institutional feasibility.



3



03rd March 2025

Principal Assumes Charge

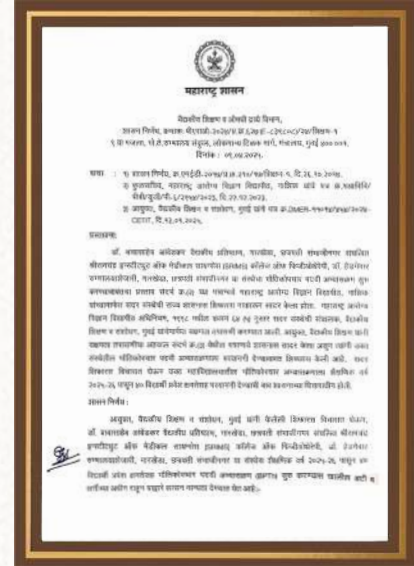
A crucial stage in evaluating infrastructure readiness, academic planning, and institutional feasibility.





09th April 2025 Government Permission Granted

A landmark administrative milestone that brought the vision significantly closer to reality.



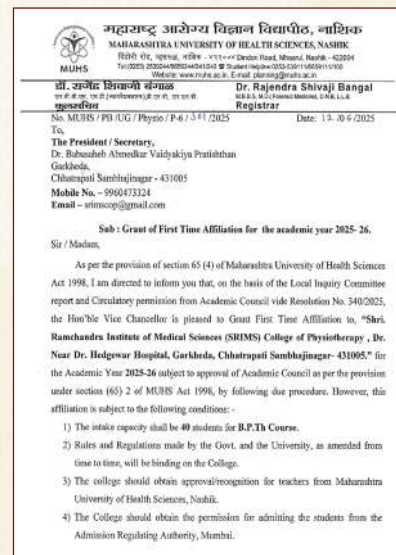
29th April 2025 MUHS Statutory Inspection

The institutional framework, infrastructure, and academic preparedness were formally evaluated by MUHS.



12th June 2025 First-Time Affiliation by MUHS

SRIMS College of Physiotherapy received affiliation with an approved intake of 40 students, marking official academic recognition.



The First Step

Deeksharambh: Where the Journey Began

The true beginning of an institution lies in the moment, when its students step into a world of learning, purpose, and possibility.



Dr. Babasaheb Ambedkar Vaidyakiya Pratishthan's
ShriRamchandra Institute of Medical Sciences (SRIMS)
College of Physiotherapy

Heartily Invites You
 To

दीक्षारंभ २०२५

For 1 year BPT Students

SRIMS College of Physiotherapy proudly welcomes its first batch of 40 Bachelor of Physiotherapy students to the academic year 2025–26.

We cordially invite all parents and students to join the Inaugural and Induction Ceremony – “Deeksharambh 2025”, an orientation program designed to introduce our students to the spirit, values, and vision of the physiotherapy profession.

Date : 20th November 2025 | Time: 10:00am

Venue
 DAD hall, 3rd floor, Dr. Hedgewar Rugnalaya

We look forward to your gracious presence as we embark together on this journey of learning, healing, and service to humanity.

Best Regards

Dr. Surendra Wani Principal	Dr. Avinash Buche Executive Trustee
---------------------------------------	---

A Ceremonial Beginning

The programme, held at **Dr. Hedgewar Rugnalaya Campus**, began with the traditional **lamp lighting**, followed by inspiring addresses from dignitaries and institutional leadership, formally welcoming the first batch into the SRIMSCOP family.



Hon'ble Chairman lightening the lamp during Deeksharambh



Hon'ble Secretary lightening the lamp during Deeksharambh

Welcoming the First Batch

The admission of the first **40 BPT students** marked the true beginning of the institution. The welcome and interaction sessions with faculty and parents created a sense of belonging and purpose.



Executive Trustee Addressing the audience

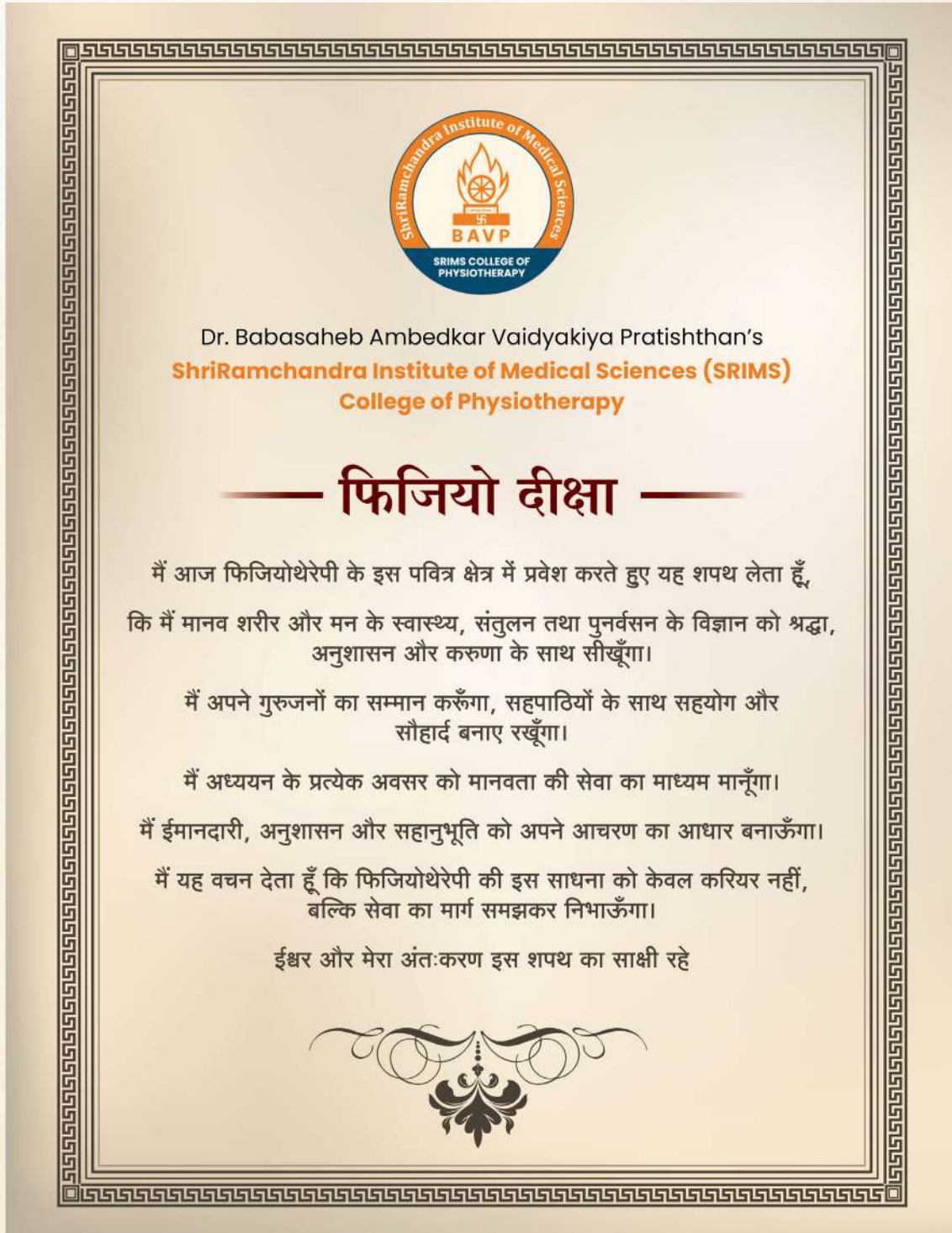


Principal, SRIMSCOP Addressing the Audience

फिजियो दीक्षा

A Commitment to the Path of Healing

During Deeksharambh, the students of SRIMS College of Physiotherapy did not take The Hippocratic Oath. Instead, they embraced a “Physio Deeksha” – a pledge rooted in Indian tradition that reflects the deeper values of the profession, guided by service, discipline, and compassion.





Students taking Physio Deeksha



SRIMSCOP Faculties with guests at inauguration



Inauguration Ceremony

First Day, First Feelings

first day on campus – student emotions

The first day at SRIMSCOP was filled with excitement, curiosity, and new beginnings. Here are a few reflections from our first batch of students.

- 1 *"Walking into SRIMSCOP for the first time felt like stepping into a dream I had been waiting for. I felt nervous, excited, and proud all at once."*
–Ms. Sakshi Kurhadkar, First Year BPT Student
- 2 *"The warmth of the faculty and the energy around made me feel that I truly belong here."*
–Ms. Anuja Vaidya, First Year BPT Student
- 3 *"It was not just my first day at college, it felt like the beginning of something meaningful."*
–Ms. Kanak Karanjawala, First Year BPT Student
- 4 *"Meeting new friends, exploring the campus, and attending the first session – everything felt new and inspiring."*
–Ms. Komal Bagul, First Year BPT Student

The BPT Induction Programme 2026

Dated : 20th November 2026

Highlights

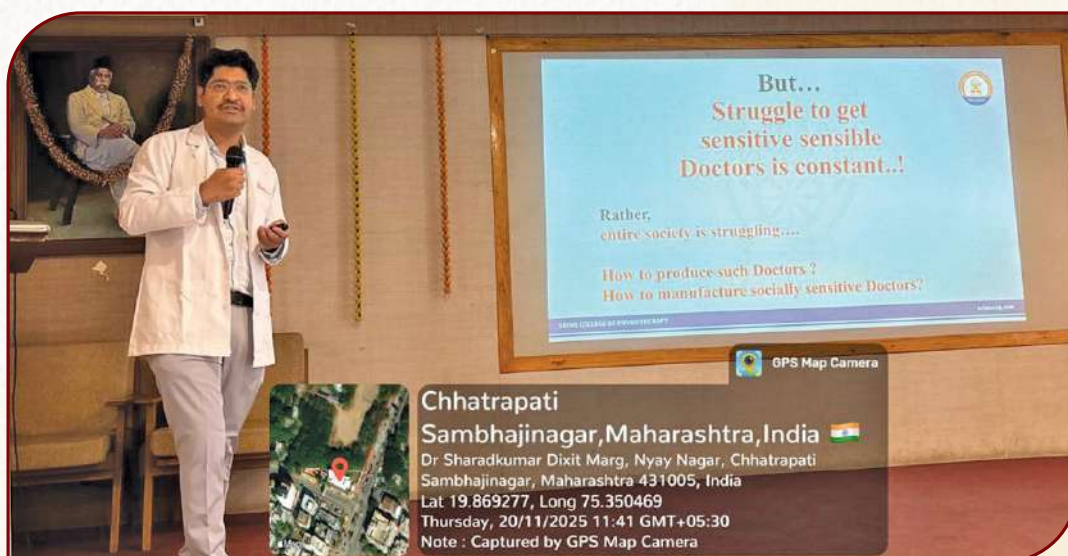
Following the ceremonial commencement through Deeksharambh, the first batch of BPT students participated in a three-day induction programme (20–22 November 2025), designed to facilitate a smooth transition into professional education. The programme introduced students to the academic environment, institutional values, and professional expectations of SRIMS College of Physiotherapy.

- Introduction to Physiotherapy and SRIMS College of Physiotherapy
- Academic structure, curriculum, and MUHS student welfare schemes
- Professionalism, ethics, and communication in healthcare
- Teamwork in multidisciplinary healthcare settings
- Gender sensitization and anti-ragging awareness
- Basic Life Support (BLS), First Aid, and Fire Safety Training
- Campus, library, skill laboratory, and Dr. Hedgewar Rugnalaya visit

The induction programme provided students with a comprehensive understanding of the profession while familiarizing them with the academic, clinical, and ethical foundations of physiotherapy education. It also fostered confidence, a sense of belonging, and readiness to embark on their professional journey.

Learning Outcome:

The programme enabled students to begin their academic journey with clarity, confidence, and a strong understanding of the values, responsibilities, and expectations of the physiotherapy profession.



Dr. Aditya Vaidya presenting the overview of college



Dr. Surendra Wani presenting the Academic Curriculum



Dr. Anant Pandhare talking about expectation from health care professionals



Dr. Prashant Gaikwad discussing about health care team



Hon'ble Dr. Swati Shiradkar, Dean, RKDMC-SRIMS, Delivering a Session on Gender Sensitization



Interactive session with Dr. Doss Prakash about professionalism



Dr. Rachna Pole talking about how to manage time and stress



Fire Safety Training by Mr. Vikram Badve



Basic Life Support Training by Dr. Pravin Suradkar



Students practicing Basic Life Support

Saraswati Pujan – Inauguration of the New Academic Premises

Dated 19th March 2026

On the auspicious occasion of **Gudhi Padwa**, symbolizing new beginnings and prosperity, **SRIMS College of Physiotherapy** inaugurated its **new academic premises** with the traditional **Saraswati Pujan** on 19th **March 2026**. The ceremony marked the commencement of a new chapter in the institution's journey of academic excellence, reaffirming its commitment to providing an inspiring environment for learning, innovation, and professional growth.

The programme began with the **Saraswati Pujan**, invoking the blessings of Goddess Saraswati, the deity of wisdom and knowledge. Faculty members, staff, and students participated with great devotion, celebrating the occasion with enthusiasm and a shared vision for the future. The event symbolized the institution's dedication to nurturing competent, compassionate, and ethical physiotherapy professionals. The ceremony concluded with fellowship over refreshments, making the occasion a memorable celebration of tradition, unity, and the beginning of a new academic journey at **SRIMS College of Physiotherapy**.



ShriRamchandra Institute Of Medical Sciences (SRIMS)
College Of Physiotherapy,
 Chh. Sambhajinagar

Cordially invites
you to the

सरस्वती पूजन

On the auspicious occasion of **Gudhi Padwa**, symbolizing prosperity and new beginnings, we celebrate the beginning of the journey of knowledge at the **New Academic Premises** of SRIMS College of Physiotherapy.



19th March 2026



8:00 am – 10:00 am
Saraswati Pujan

10:00 am – 12:00 pm
Refreshments

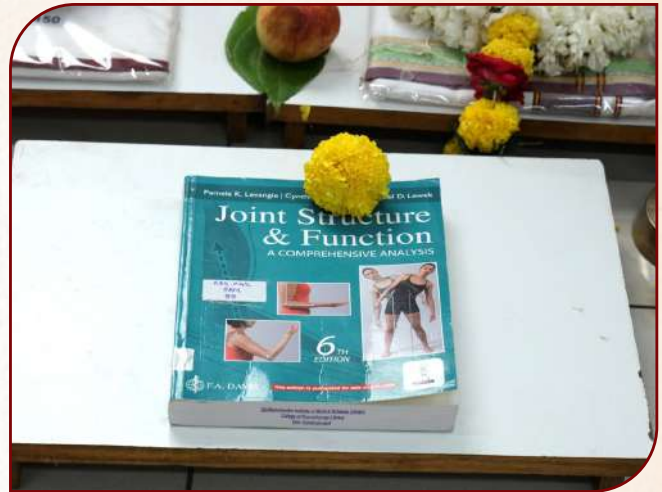
With Best Compliments

Dr. Avinash Buche
Executive Trustee,
SRIMS COP

Dr. Surendra Wani
Principal,
SRIMS COP

Dr. Aditya Vaidya
Project Incharge,
SRIMS COP

Venue
SRIMS College of Physiotherapy, SRIMS Campus, Chh. Sambhajinagar



Glimpses of Saraswati Pujan

Mission in Action

Living Our Vision Through Purposeful Initiatives

01


Healing Through Clinical Excellence

Delivering compassionate, evidence-based care.


02


Beyond campus, into the community.

Extending our care and knowledge where it matters most.


03


Awareness with a purpose.

Creating informed communities for a better tomorrow.


04


Building competence through academic education.

Empowering minds with quality and excellence.


05


Empowering students beyond academics.

Nurturing character, leadership and life skills.


06


Faculty excellence and recognition.

Honoring dedication, inspiring growth and innovation.


07


Scholarly research contributions.

Advancing knowledge, driving global impact.



Healing Through Clinical Excellence

For over **20 years**, the **Department of Physiotherapy at Dr. Hedgewar Rugnalaya, Chhatrapati Sambhajinagar**, has been dedicated to providing quality, evidence-based physiotherapy services to the community. Functioning as the clinical arm of **SRIMS College of Physiotherapy**, the department combines patient care with academic excellence, offering comprehensive rehabilitation services from **9:00 a.m. to 8:00 p.m.** through a committed team of **6 academic faculty members** and **5 clinical physiotherapists**.

The department serves a diverse spectrum of **Outpatient (OPD)** and **Inpatient (IPD)** cases across specialties including orthopaedics, neurology, cardiopulmonary care, paediatrics, geriatrics, sports injuries, women's health, and intensive care rehabilitation. Every year, thousands of patients benefit from these services, reflecting the department's continued commitment to improving health, restoring function, and enhancing the quality of life through compassionate and evidence-based physiotherapy care.

Our Clinical Physiotherapists



Dr. Komal Nagalgave (PT)



Dr. Krushna Deshmukh (PT)



Dr. Rutuja Sonune (PT)



Dr. Renuka Telangre (PT)



Dr. Pratiksha Khandekar (PT)



Shri Ramchandra Institute Of Medical Sciences (SRIMS)
College Of Physiotherapy,
Chh. Sambhajinagar



PATIENT FOOTFALL TRENDS (OPD & IPD) | 2024-2026

**TOTAL OPD**
16,164
(2024 - 2026)

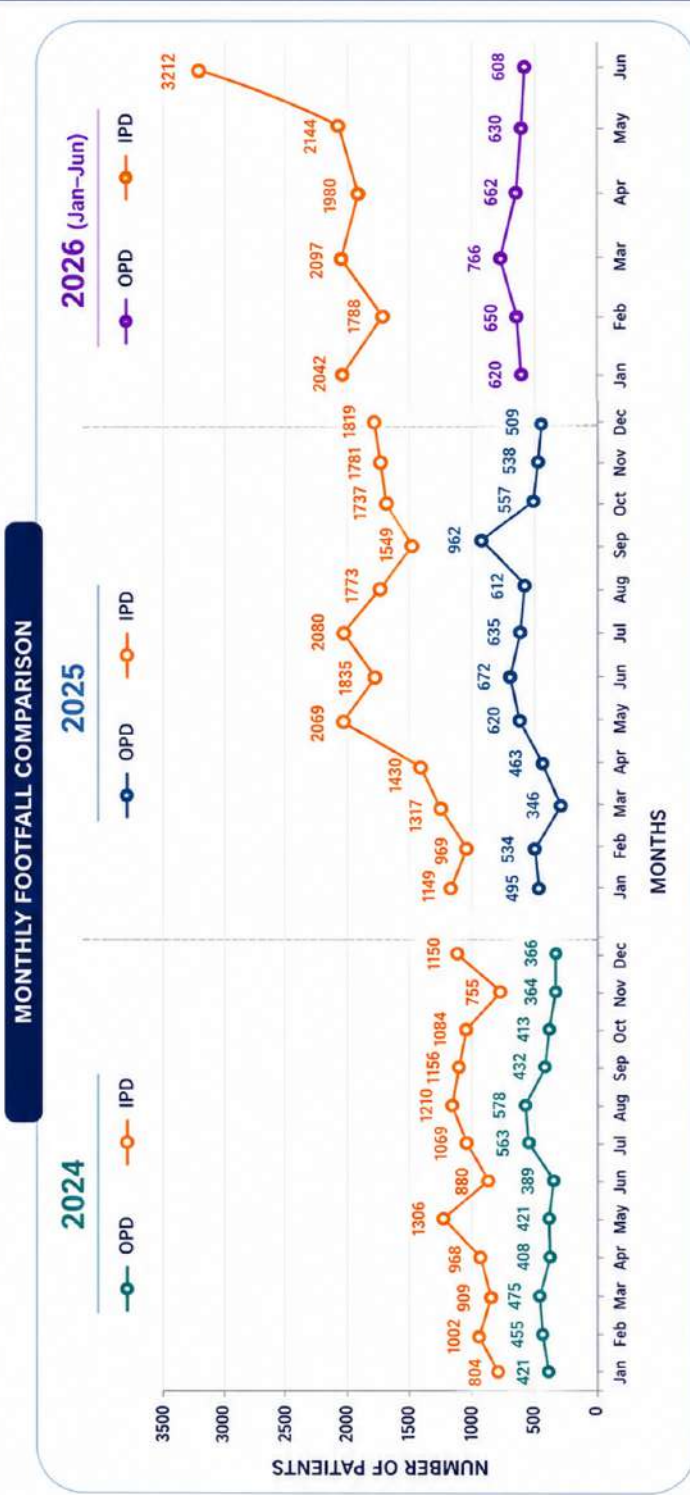
**TOTAL IPD**
45,064
(2024 - 2026)

**HIGHEST OPD**
766
March 2026

**HIGHEST IPD**
3,212
June 2026

KEY HIGHLIGHTS

- ✓ Consistent growth in both OPD and IPD footfall over the years.
- ✓ Significant increase in IPD services, reflecting higher inpatient care.
- ✓ Growing community trust and expanding clinical services.



FOOTFALL SUMMARY

Year	OPD		IPD	
	Total	Monthly Avg.	Total	Monthly Avg.
2024 (Jan-Dec)	5,285	440	12,293	1,024
2025 (Jan-Dec)	6,943	579	19,508	1,626
2026 (Jan-Jun)	3,936	656	13,263	2,211
Grand Total (2024-2026)	16,164	538	45,064	1,252

AT A GLANCE

**OPD GROWTH**
(2024 → 2025)
31.4%

**IPD GROWTH**
(2024 → 2025)
58.7%

Compassion in Care. Excellence in Physiotherapy.



Beyond campus, into the community

Sr. No.	Activity	Date
1	Free Physiotherapy Camp World Physiotherapy Day	8 th -13 th September 2025
2	Physiotherapy Services at Community Physiotherapy Centre	July 2025
3	Educational Visit to Vihang special school	03 rd December 2025
4	Swaccha Bharat Abhiyan	13 th December 2025
5	Free Physiotherapy Camp - Woman Day	12 th March 2026
6	Blood Donation Drive	13 th June 2026
7	International Yoga Day with specially abled children	22 nd June 2026

Free Physiotherapy Camp – World Physiotherapy Day

Dated : 08th–13th September 2025

On the occasion of **World Physiotherapy Day 2025**, celebrated under the theme “**Healthy Ageing**”, the Department of Physiotherapy at **Dr. Hedgewar Rugnalaya** conducted a **Week-long Fitness Assessment and Risk Screening Camp** for hospital employees from **8th to 13th September 2025**.

A total of **173 employees** participated in comprehensive fitness assessments, including evaluation of strength, endurance, flexibility, gait, balance, and lifestyle-related risk factors. While most participants demonstrated good physical fitness, the screening identified concerns such as sedentary lifestyle, obesity, work-related musculoskeletal disorders, and reduced endurance.

Each participant received personalized counselling on exercise, posture, ergonomics, and healthy lifestyle practices. The initiative emphasized preventive healthcare and reinforced the message that **healthy ageing begins with early awareness and active living**



डॉ. बाबासाहेब आंबेडकर वैद्यकीय प्रतिष्ठान

श्रीरामचंद्र इन्स्टिट्यूट ऑफ मेडिकल सायन्सेस (एस आर आय एम एस)

कॉलेज ऑफ फिजिओथेरेपी

डॉ. हेडगेवार रुग्णालय, गारखेडा, छ. संभाजीनगर (महा.)-४३१००५



जागतिक फिजिओथेरेपी दिवस २०२५: निरोगी वृद्धत्व

आपण खरंच फिट आहात का ??

मोफत फिटनेस स्क्रिनिंग शिबीर

- ☑ पोस्चर, मोबिलिटी व अर्गोनॉमीक तपासणी
- ☑ हाड - सांध्यांच्या समस्यांची तपासणी
- ☑ निरोगी वृद्धत्वासाठी मार्गदर्शन
- ☑ फिजिओथेरेपिस्टचा सल्ला

📅 दिनांक: ०८ - १३ सप्टेंबर २०२५ ⌚ वेळ: दुपारी ०२:०० ते ०५:००

📍 स्थळ: फिजिओथेरेपी विभाग, डॉ. हेडगेवार रुग्णालय.



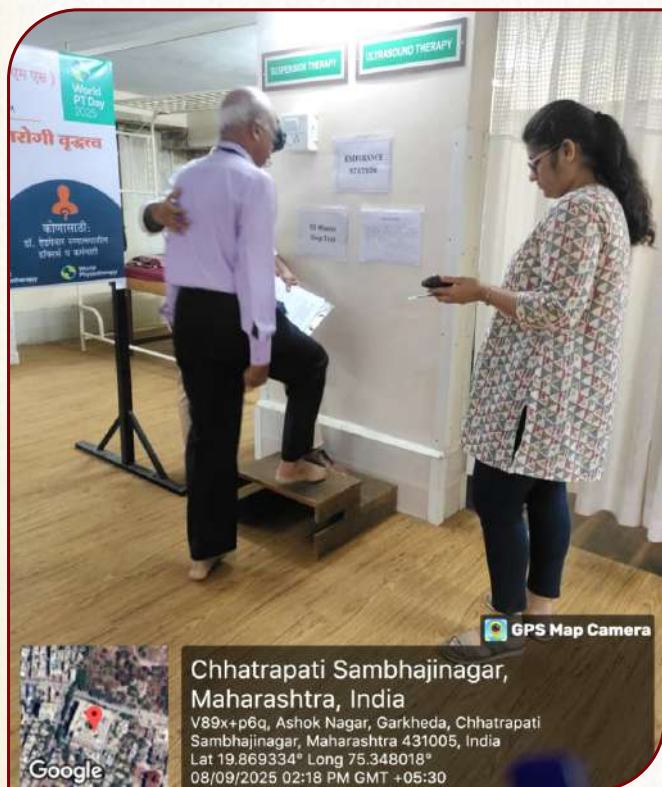
कोणासाठी:

डॉ. हेडगेवार रुग्णालयातील
डॉक्टर्स व कर्मचारी









Faculties assessing during camp

Physiotherapy Services at Community Physiotherapy Centre

Dated : July 2025

To make quality physiotherapy services accessible to underserved communities, **SRIMS College of Physiotherapy** initiated weekly physiotherapy consultation services at **Guruvarya Lahuji Salve Aarogya Kendra, Chh. Sambhajinagar**.

Recognizing that economically weaker sections, particularly those living below the poverty line, often have limited access to physiotherapy care, the college introduced this outreach initiative with a nominal consultation fee of **₹10 per patient**. Conducted once every week, the service provides affordable assessment, treatment, and health education while offering students valuable exposure to community-based physiotherapy practice. This initiative reflects the institution's commitment to equitable healthcare and community service.



Educational Visit to Vihang Special School

Dated : 03rd December 2025

On the occasion of the **International Day of Persons with Disabilities**, SRIMS College of Physiotherapy organized an educational visit to **Vihang Special School** to provide students with firsthand exposure to disability rehabilitation and inclusive care.

Students explored the school's rehabilitation facilities, including the physiotherapy unit, aquatic therapy pool, vocational training centre, and classrooms. They actively engaged with the children through recreational activities, creative sessions, and shared meals, fostering meaningful interactions and mutual learning. An interactive session with the Principal offered valuable insights into the institution's rehabilitation philosophy and multidisciplinary approach.

The visit was a memorable learning experience that nurtured empathy, professionalism, and a deeper appreciation for holistic rehabilitation and community inclusion.



Special educators talking to the students



Passing the parcel game with students

Swachh Bharat Abhiyan

Dated : 13th December 2025

As part of its commitment to social responsibility, **SRIMS College of Physiotherapy** organized a **Swachh Bharat Abhiyan** on **13th December 2025** within the college campus. The initiative aimed to promote cleanliness, hygiene, environmental awareness, and civic responsibility among students and faculty.



Students contributing to a clean campus



Active student involvement during Swachh Bharat Abhiyaan

Free Physiotherapy Camp – International Women’s Day

Dated : 12th March 2026

To mark **International Women’s Day 2026**, SRIMS College of Physiotherapy organized a **Women’s Health and Fitness Assessment Camp** on **12th March 2026** at the Physiotherapy Department, Dr. Hedgewar Rughnala.

A total of **84 female employees** underwent comprehensive health and fitness assessments, including evaluation of vital parameters, body composition, posture, musculoskeletal health, flexibility, muscle strength, pelvic floor health, and lifestyle-related risk factors. Based on the findings, participants received individualized guidance on posture correction, exercise, ergonomics, and healthy lifestyle practices.

The camp, conducted with the active participation of faculty members and First BPT students, promoted awareness of preventive physiotherapy and the importance of regular health screening for women’s well-being.



ShriRamchandra Institute Of Medical Sciences (SRIMS)
College Of Physiotherapy,
 Chh. Sambhajinagar



**जागतिक महिला दिन २०२६ निमित्त
महिला आरोग्य व फिटनेस तपासणी शिबिर**

सुदृढ महिला – सक्षम कुटुंब – समर्थ समाज

कामाच्या धकाधकीत स्वतःच्या आरोग्याकडे दुर्लक्ष तर होत नाही ना?

महिलांच्या शारीरिक, स्नायू-सांध्यांच्या आरोग्याची संपूर्ण तपासणी करण्यासाठी विशेष शिबिर आयोजित करण्यात येत आहे.

तपासणीमध्ये समाविष्ट:

- रकदाब, ऑक्सिजन पातळी तपासणी
- BMI, कंबर-शितंब गुणोत्तर (Waist-Hip Ratio)
- शरीरातील चर्बी टक्केवारी (Body Fat %)
- मान, पाठ, बुडबुडे व सांधेदुखी तपासणी
- पोखर (देहसांघी) मूल्यांकन
- रेड्युक्त बलोजर आरोग्य स्थितिनि
- स्नायू शक्ती व सहनशक्ती चाचणी
- लवचिकता तपासणी
- जीवनशैली व कामाच्या पद्धतीचे मूल्यमापन

१२ मार्च २०२६
 स १०:०० ते सा ०५:००

१ फिजिओथेरेपी विभाग, डॉ. हेडगेवार रुग्णालय

समन्वयक: डॉ. रोहिणी आसने

कोणासाठी उपयुक्त ?

- सामित्रीबाई कुले महिला एकल समाज मंडळातील २० ते ६० वयोगटातील महिला कार्यकर्ता

आजच स्वतःच्या आरोग्याची कबाबदारी घ्या! मिळेमी महिला म्हणजेच मिळेमी समाज.



Chhatrapati Sambhajinagar, Maharashtra, India
 Near Gajanand Maharaj Mandir, Road, Jawahar Colony, Garkheda, Chhatrapati
 Sambhajinagar, Maharashtra 431005, India
 Lat 19.869249° Long 75.348134°
 Thursday, 12/03/2026 11:37 AM GMT +05:30

Registration and Demographic data Entry



Waist-Hip Ratio Measurement



Sit and Reach Test (Flexibility Test)



Chair Stand Test (Strength Test For LL)

Blood Donation Drive

Dated : 13th June 2026

On the occasion of **World Blood Donor Day**, SRIMS College of Physiotherapy organized a **Blood Donation Drive** on **13th June** in collaboration with **Dattaji Bhale Blood Center**. The initiative aimed to promote **voluntary blood donation** and raise awareness about its life-saving significance.

Students, teaching faculty, and non-teaching staff enthusiastically participated in the camp, demonstrating their commitment to social responsibility and humanitarian service. The event successfully inspired a spirit of voluntary blood donation and reinforced the importance of contributing to the health and well-being of the community.



Student Voluntarily donating blood on occasion of World Blood Donor Day



Appreciation Certificates were distributed to voluntary Blood Donors

International Yoga Day – Yoga with Specially Abled Children

Dated : 22nd June 2026

On the occasion of **International Yoga Day 2026**, SRIMS College of Physiotherapy organized “**Yoga for Every Ability**” at **Vihang Special School**. Physiotherapy students guided and assisted specially abled children in performing simple yoga postures, breathing exercises, and relaxation techniques suited to their individual abilities.

The interactive session created a joyful and inclusive environment, encouraging active participation while promoting physical well-being, confidence, and social inclusion. The programme reinforced the message that yoga is for everyone, regardless of age or ability, and provided students with a meaningful opportunity to practice compassionate, community-oriented care.



SRIMSCOP Students at Vihang Special School For Yoga Day

Awareness with a purpose

Sr. No.	Activity	Date
1	Physiotherapy for Health – Physiotherapy Awareness talk	27 th March 2025
2	Physiotherapy for Health – Physiotherapy Awareness talk	18 th April 2025
3	World PT Day – FM Radio Physiotherapy Awareness Talk	08 th September 2025
4	World PT Day – Awareness lecture on Ergonomics	15 th September 2025
5	Women's Health Across All Stages of Life Awareness webinar	09 th October 2025
6	MUHS welfare schemes – Student Awareness	20 th November 2025
7	Anti-Ragging Awareness Lecture	22 nd November 2025
8	POSH act Awareness Lecture	06 th December 2025
9	Self-Injury Awareness Day Lecture	02 nd March 2026
10	Geriatric Physiotherapy Awareness Lecture	16 th June 2026
11	Diabetes Awareness Lecture	24 th June 2026

Physiotherapy Awareness Talks – Ashok Nagar & Renuka Nagar

Dated : 27th March 2025 & 18th April 2025

SRIMS College of Physiotherapy conducted **Physiotherapy Awareness Talks** for the geriatric community at **Ashok Nagar (27 March 2026)** and **Renuka Nagar (18 April 2026)**. The sessions focused on creating awareness about age-related musculoskeletal disorders and the role of physiotherapy and yoga in maintaining mobility, independence, and overall well-being.

Participants were educated on the benefits of regular exercise, yoga asanas, posture correction, and healthy lifestyle practices for preventing and managing age-related conditions. The programme encouraged older adults to adopt simple daily exercises and physiotherapy-based interventions to promote healthy ageing and improve their quality of life.



Dr. Neha Pujari – Awareness Talk at Ashok Nagar



Dr. Neha Pujari – Awareness Talk at Renuka Nagar

World Physiotherapy Day – FM Radio Awareness Talk

Dated : 08th September 2025

On the occasion of **World Physiotherapy Day**, SRIMS College of Physiotherapy delivered an **FM Radio Awareness Talk** based on the global theme “**Healthy Aging.**” The programme highlighted the vital role of physiotherapy in promoting active and independent living, preventing falls, managing age-related conditions, and encouraging regular physical activity.

The radio talk effectively reached the wider community, creating awareness about preventive physiotherapy and healthy ageing. The session received positive feedback from listeners, reinforcing the importance of physiotherapy in enhancing the quality of life across all age groups.

DAY SPECIAL

World PT Day 2025

FM 91.2

रेडिओ देवगिरी

एफ एम 91.2 - वारसा लोकसंस्कृतीचा

WORLD PHYSIOTHERAPY DAY

रेडिओ देवगिरी
एफ एम 91.2 -
वारसा
लोकसंस्कृतीचा

एका, डॉ नेहा पुजारी
यांना आणि
जाणून घ्या
फिजिओथेरेपीचे
महत्त्व.

मुलाखतकार :
RJ अंजली

▶▶▶ डॉ. नेहा पुजारी

दिनांक : 08 सप्टेंबर 2025
वेळ : सायंकाळी 6 वाजता

Google Play

QR Code



Dr. Neha Pujari at Radio Station for Awareness Talk

World Physiotherapy Day – Awareness Lecture on Ergonomics

Dated : 15th September 2025

As part of the **World Physiotherapy Day 2025** celebrations, SRIMS College of Physiotherapy, in association with the **Chh. Sambhajinagar IAP Chapter**, organized an awareness lecture on “**Smart Posture, Healthy Living: Ergonomic Awareness for the Working Population**” at **Dr. Hedgewar Rugnalaya**.

The session emphasized the importance of correct posture, workplace ergonomics, safe lifting techniques, and simple exercises to prevent work-related musculoskeletal disorders. Through practical demonstrations and interactive discussions, participants gained valuable insights into creating healthier work habits, reinforcing the role of physiotherapy in promoting occupational health and well-being.

Dr. Babasaheb Ambedkar Vaidyakiya Pratishthan's
Shri Ramchandra Institute of Medical Sciences (SRIMS)
College of Physiotherapy
in association with
The Indian Association Of Physiotherapists
Chh. Sambhajinagar Chapter (Maharashtra)

PRESENTS A GUEST LECTURE ON
“**SMART POSTURE, HEALTHY LIVING: ERGONOMIC AWARENESS FOR THE WORKING POPULATION**”

Resource Person
Dr. Goutami Katage (PT)

- ASSOCIATE PROFESSOR, MGM INSTITUTE OF PHYSIOTHERAPY
- ADVANCED OFFICE ERGONOMICS ASSESSMENT SPECIALIST

Learning Objectives

- 1) Understand ergonomics and its effect on well-being.
- 2) Recognize posture issues and health risks.
- 3) Apply posture correction and strain-reduction techniques.
- 4) Explore ergonomic solutions for hospital workspaces.

Who Can Attend
Employees & Doctors of Dr. Hedgewar Rugnalaya & RDMC-SRIMS

16th September 2025 03:00pm Damu Anna Date Hall, Dr. Hedgewar Rugnalaya.

Co-ordinators: Dr. Aditya Vaidya | Dr. Rohini Asane



Employee's of Dr. Hedgewar Rugnalaya
During Ergonomic session



Group Photo with Resource Person

Guest Lecture – Small Steps, Big Changes: Women’s Health Across All Stages of Life

Dated : 09th October 2025

Dr. Nidhi Kalani, Assistant Professor, SRIMS College of Physiotherapy, was invited as the **Guest Speaker** for an online awareness webinar organized by the **Maharashtra Pradesh Maheshwari Mahila Sangathan** on **9th October 2025**. The session, titled “**Small Steps, Big Changes: Women’s Health Across All Stages of Life**,” focused on preventive healthcare, healthy lifestyle practices, and women’s well-being.

The lecture highlighted the role of physiotherapy in addressing women’s health concerns across different life stages, including posture-related problems, pregnancy and postnatal care, pelvic health, osteoporosis prevention, and stress management. Participants were encouraged to adopt simple lifestyle modifications and physiotherapy-based interventions to enhance their health, mobility, and overall quality of life.





महाराष्ट्र प्रदेश माहेश्वरी महिला संगठन

अंतरंगत
संजीवन सिद्धा - स्वास्थ्य समिती

एक विशेष ऑनलाईन सत्र

Small Steps, Big Changes: Women's Health Across All Stages of Life

● 09 अक्टूबर 2025, गुरुवार ● दोपहर 03.30 ● Zoom app

★ प्रमुख अतिथी ★



डॉ. इंदिराजी मुंदडा
अखिल भारतीय महिला सेवा ट्रस्ट
महाराष्ट्र प्रदेश प्रतिनिधि

★ प्रमुख वक्ता ★



डॉ. निधी कालानी
MPT in Community
Physiotherapy

इस सत्र में हम जानेंगे –

- ★ छोटे-छोटे हेल्थ स्टेप्स कैसे लाते हैं, जीवनभर बड़े बदलाव
- ★ महिलाओं के हर आयु-वर्ग में स्वास्थ्य की देखभाल
- ★ स्वस्थ जीवनशैली अपनाने के आसान उपाय

आप सभी से आग्रह है कि इस ज्ञानवर्धक और प्रेरणादायी सत्र के लिये अपना समय आरक्षित रखें।
आपकी सहभागिता से ही यह पहल सफल होगी।

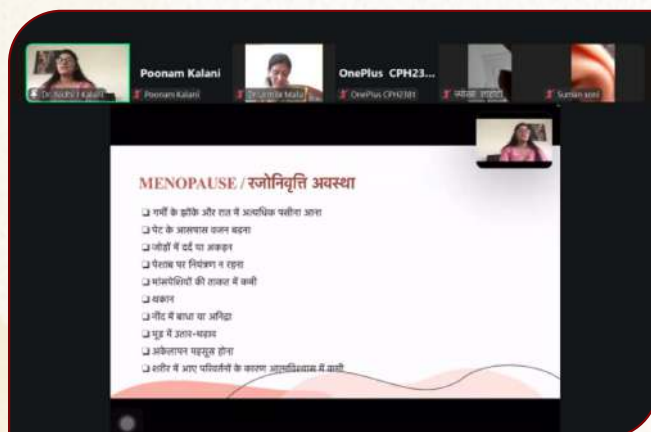
★ सम्माननीय उपस्थिति ★

आ. लताजी लाहोटी	आ. निर्मलाजी करवा	आ. पुष्पाजी तोष्णीवाल
आ. कल्पनाजी गगराणी	आ. जोत्सनाजी लाहोटी	आ. अनुसयाजी मालु
आ. शैलजाजी कलंत्री		

★ स्वागतोत्सुक ★

सुनिता पलोड ● अध्यक्ष ●	डॉ. जयश्री कालानी ● समिती संयोजिका ●	सुनिता चरखा ● सचिव ●
डॉ. उर्मिला मालु (मराठवाडा)	डॉ. संगीता चांडक (खानदेश)	डॉ. अल्पना लड्डा (कोकण)
		निर्मला बाल्दी (प. महाराष्ट्र)

तकनिकी सहाय्यक : विद्या डागा



Dr. Nidhi Kalani During Online Lecture

MUHS Student Welfare Schemes

Dated : 20th November 2025

To familiarize students with the support systems available through the **Maharashtra University of Health Sciences (MUHS)**, an orientation programme on **MUHS Student Welfare Schemes** was organized for the inaugural batch.

The session provided detailed information on various welfare initiatives, Students were guided through the objectives, eligibility criteria, application procedures, and benefits of each scheme.

The programme aimed to ensure that every student is aware of the academic, financial, and welfare support available through MUHS, enabling them to pursue their education with confidence and security.



Dr. Rohini Asane talking about the MUHS Student Welfare Schemes



Students and Parents patiently listening to the schemes discussed

Anti-Ragging Awareness Lecture

Dated : 22nd November 2025

As part of the induction programme for first-year students, SRIMS College of Physiotherapy conducted an **Anti-Ragging Awareness Lecture** to promote a safe, respectful, and inclusive campus environment.

The session highlighted the legal consequences of ragging, its psychological and emotional impact, students' rights, and the institutional mechanisms available for reporting and preventing ragging. The programme encouraged students to uphold the values of mutual respect, dignity, and responsible conduct, reinforcing the college's commitment to maintaining a ragging-free campus.



Dr. Neha Pujari delivering Anti Ragging Awareness lecture



Explaining details of SRIMS COP Anti Ragging Committee

POSH Act Awareness Lecture

Dated : 06th December 2025

As part of its commitment to ensuring a safe and respectful learning environment, SRIMS College of Physiotherapy organized an **Awareness Lecture on the Prevention of Sexual Harassment (POSH) Act, 2013**.

The session familiarized students with the provisions of the POSH Act, helping them understand sexual harassment, the importance of consent, personal boundaries, and respectful behaviour. Students were also informed about the role of the **Internal Complaints Committee (ICC)**, the grievance redressal process, and the confidentiality and protection available to complainants. The programme reinforced the college's commitment to fostering a safe, inclusive, and harassment-free campus.



Awareness talk on POSH Act by Dr. Neha Pujari



Explaining the details of the SRIMS COP Internal Complaint Committee.

Self-Injury Awareness Day Lecture

Dated : 02nd March 2026

On the occasion of **Self-Injury Awareness Day 2026**, SRIMS College of Physiotherapy organized an awareness and training session on **"Caregiver Safety Through Ergonomic Patient Handling."** For Grade 4 employees doing patient Shifting at Dr. Hedgewar Rugnalaya. The programme aimed to promote caregiver safety and prevent work-related musculoskeletal injuries.

The session included a lecture on ergonomic principles and practical demonstrations of safe patient handling techniques, including bed mobility, log rolling, and bed-to-wheelchair transfers. Participants gained valuable knowledge on proper body mechanics and teamwork, reinforcing the importance of injury prevention while ensuring the safety of both caregivers and patients.

**ShriRamchandra Institute Of Medical Sciences (SRIMS)**
College Of Physiotherapy,
Chh. Sambhajinagar

SELF-INJURY AWARENESS
DAY- 1ST MARCH
निमित्त प्रशिक्षण कार्यक्रम

विषय - रुग्ण हाताळणीमध्ये एर्गोनॉमिक तत्वांद्वारे केअरगिव्हरची सुरक्षितता

 **२ मार्च २०२६**

**बॅच A - दुपारी १:३० ते २:३०**
बॅच B - दुपारी २:३० ते ३:३०

कार्यक्रम उद्दिष्टे

- रुग्ण हाताळणीतील मूलभूत एर्गोनॉमिक तत्वे समजून घेणे.
- योग्य बॉडी मेकॅनिक्स वापरून सुरक्षित ट्रान्सफर तंत्रांचे प्रात्यक्षिक करणे.
- रुग्ण हालचालीदरम्यान ट्रॉमा-सेफ हाताळणी तत्वे लागू करणे.
- कामाशी संबंधित स्नायू-अस्थी (मस्क्युलोस्केलेटल) दुखापती टाळणे.

कोण सहभागी होऊ शकतात
रुग्ण हाताळणी व ट्रान्सफरमध्ये सहभागी असलेले रुग्णालयातील सर्व कर्मचारी.

स्थळ - लेक्चर हॉल, ५ वा मजला, DHR बिल्डिंग
समन्वयक - डॉ. निधी कालानी
- Team HR, डॉ हेडगेवार रुग्णालय





Dr. Nidhi Kalani delivering the talk on caregiver safety during shifting



Demonstration of patient transfer with the help of spine board



Patient transfer technique taught to the patient transfer staff

Geriatric Physiotherapy Awareness Lecture

Dated : 16th June 2026

SRIMS College of Physiotherapy organized a **Geriatric Physiotherapy Awareness Lecture on 16th June 2026 at Dr. Hedgewar Rugnalaya, Chh. Sambhajinagar**, for the Sewavratī's. The session focused on the role of physiotherapy in promoting healthy ageing and improving the quality of life among older adults.

The lecture highlighted common geriatric health concerns, including arthritis, joint pain, reduced mobility, balance impairments, falls, and lifestyle-related disorders. Participants were educated on the importance of regular exercise, balance training, posture correction, flexibility, and fall prevention strategies, emphasizing the role of physiotherapy in maintaining mobility, independence, and overall well-being during ageing.



Dr. Neha Pujari Presenting Awareness Talk



Sewavratī's Listening to Speaker

Diabetes Awareness Lecture

Dated : 24th June 2026

SRIMS College of Physiotherapy organized a **Diabetes Awareness Lecture at Dr. Hedgewar Rughnlaya** to educate diabetic patients and Sewavrati staff members on the role of physiotherapy in diabetes management. The session, attended by **51 participants**, emphasized the importance of regular exercise, physical activity, and lifestyle modification in maintaining optimal blood glucose levels and preventing complications.

Participants were informed about aerobic, strengthening, flexibility, and balance exercises, along with diabetic foot care and strategies for preventing diabetes-related complications. The interactive session encouraged participants to adopt healthier lifestyles and highlighted the vital role of physiotherapy in improving long-term health and quality of life.



Dr. Rohini Asane Presenting Awareness Talk



Sewavrati staff member and Diabetic Patients attending a lecture

Building Competence through academic education

Sr. No.	Activity	Date
1	Physio Connect- 2025 Where Academia Meet Clinics	15 th June 2025
2	Digital library training for Students	03 rd February 2026
3	Guest lecture on Role of Physiotherapy in Cancer Survivors	04 th February 2026
4	Guest lecture on Career Opportunity in Neuro Physiotherapy	07 th February 2026
5	Guest Lecture on Downs Syndrome	23 rd March 2026
6	Fundamentals – 2026 – Intercollege Quiz Competition	11 th April 2026
7	Dattaji Bhale Blood Centre visit	13 th June 2026

PhysioConnect 2025

Dated : 15th June 2025

PhysioConnect 2025 marked the first Continuing Physiotherapy Education (CPE) programme organized by **SRIMS College of Physiotherapy, Chhatrapati Sambhajinagar**, representing a significant milestone in the institution's academic journey. The programme brought together more than **100 physiotherapy professionals and students** from Beed, Ahilyanagar, Dharashiv, Jalna, Parbhani, and neighbouring districts.

The event was graced by **Chief Guest Dr. Prema Kulkarni**, Senior Consulting Physiotherapist, and Guest of Honour **Dr. Shyam Ganvir**, Principal, DVVPF's College of Physiotherapy, Ahilyanagar. The inaugural ceremony was attended by distinguished dignitaries from Dr. Babasaheb Ambedkar Vaidyakiya Pratishthan and SRIMS.

The scientific sessions delivered by **Dr. Rinkle Malani, Dr. Sudeep Kale, Dr. Ashwini Kale, Dr. Prajakta Nair, and Dr. Snehal Rathi Lende** offered valuable insights into evidence-based physiotherapy, emphasizing the integration of academic knowledge with clinical decision-making and contemporary rehabilitation practices.

Learning Outcome:

PhysioConnect 2025 strengthened academic-clinical collaboration, enriched participants with contemporary evidence-based practices, and reinforced SRIMS College of Physiotherapy's commitment to lifelong learning and professional excellence.



Dr. Prema Kulkarni during Lamp Lighting



Dr. Babasaheb Ambedkar Vaidyakiya Pratishthan's
Shri Ramchandra Institute of Medical Sciences (SRIMS)
College of Physiotherapy
 C/O Dr. Hedgewar Rugnalaya, Garkheda, Chh. Sambhajinagar (MS) – 431005
 E-mail : srimsco@gmail.com

PHYSIO CONNECT 2025

"Where Academia meets Clinics"

15 June 2025 | 9.00am to 1.00pm

Venue : Damu Anna Date Hall, 3rd Floor, Dr Hedgewar Rugnalaya, Chh. Sambhajinagar

Registration is Free But Compulsory

Objectives

- To facilitate knowledge exchange between academicians & clinicians.
- To update professionals on NCAHP, current research, and evidence-based practices.
- To foster a network committed to excellence in patient care and physiotherapy education.

Academic Activities : A series of Guest lectures on Clinical oriented Topics.

Panel Discussion : Bridging the gap between Clinicians & Academicians.

Chief Guest

Dr. Prema Kulkarni

Senior Consulting Physiotherapist

Guest of Honor

Dr. Shyam Ganvir

Member - MSAHPC

Dr. Sudeep Kale

Member - MSAHPC

Organising Secretary

Dr. Aditya Vaidya

Organising Chairman

Dr. Surendra Wani

Principal

Who Can Attend? Clinicians & Academicians



Dr. Babasaheb Ambedkar Vaidyakiya Pratishthan's
Shri Ramchandra Institute of Medical Sciences (SRIMS)
College of Physiotherapy

C/O Dr. Hedgewar Rugnalaya, Garkheda, Chh. Sambhajinagar (MS) – 431005

E-mail : srimsco@gmail.com

PHYSIO CONNECT 2025

"Where Academia meets Clinics"

15 June 2025 | 9.00am to 1.00pm

Venue : Damu Anna Date Hall, 3rd Floor, Dr Hedgewar Rugnalaya, Chh. Sambhajinagar

8:00 AM
9:00 AM

Registration & Breakfast

9:00 AM
9:30 AM

Educate to Alleviate: "The Role of Pain Science
in Treating Chronic Pain"

Dr. Rinkle Malani

9:30 AM
10:00 AM

"Pelvic Rehab in Practice : Guided by Research ,
Grounded in touch"

Dr. Ashwini Kale

10:00 AM
10:30 AM

Inauguration Ceremony

10:30 AM
11:15 AM

"NCAHP Guidelines – Through Professional's Lens"

Dr. Sudeep Kale

11:15 AM
11:45 AM

"CP and compilation of treatment techniques"

Dr. Snehal Rathi-Lende

11:45 AM
12 NOON

Tea Break

12:00 PM
12:30 PM

"Emotional Pain"

Dr. Prajakta Nair

12:30 PM
12:45 PM

Advancement in Physio Rehab: A Technical Perspective

Mr. Rajeev Talathi

12:45 PM
01:15 PM

"Bridging Practice and
Academia in Physiotherapy"

Dr. Sarath Babu, Dr. Surendra Wani,
Dr. Ashwini Jaiswal, Dr. Sushank Pawar,
Dr. Sachin Gadekar, Dr. Prachi Kate

01:15 PM

Closing Remarks & Vote of Thanks

Dr. Surendra Wani

Lunch

[Click Here For Registration Link](#)



Dr. Babasaheb Ambedkar Vaidyakiya Pratishthan's
Shri Ramchandra Institute of Medical Sciences (SRIMS)
College of Physiotherapy

C/O Dr. Hedgewar Rugnalaya, Garkheda, Chh. Sambhajinagar (MS) – 431005

E-mail : srimscop@gmail.com

PHYSIO
CONNECT
2025

"Where Academia meets Clinics"

Key Event of PhysioConnect 2025

Panel Discussion: "Bridging Practice and Academia in Physiotherapy"

Objectives

- To bridge the gap between academic training and real-world clinical practice in physiotherapy.
- To facilitate an open dialogue among academicians and clinical therapists aimed at enhancing clinical reasoning, communication and mentorship practices

Academia



Dr. Shyam Ganvir
Principal,

DVVPF's College of Physiotherapy



Dr. Sarath Babu
Principal,

MGM Institute of Physiotherapy



Dr. Surendra Wani
Principal,

SRIMS College of Physiotherapy

Govt. Set up



Dr. Sachin Gaddekar

Senior Consulting Physiotherapist,
Govt. Civil Hospital, Tuljapur



Dr. Prachi Raje

Senior Consulting Physiotherapist,
Govt. Civil Hospital, Chh. Sambhajinagar

Private Clinics



Dr. Ashwini Jaiswal
Director,

Ashwini Physiotherapy and
Rehabilitation Center



Dr. Shushank Pawar

Consulting Physiotherapist

[Click Here For Registration Link](#)



Dr. Swati Shiradkar, Dean, RKDMC-SRIMS, Addressing the gathering



Jun 15, 2025 11:35:19 AM
Chhatrapati Sambhajnagar, Aurangabad Division
431003
📍 19°87'N 75°35'E



Jun 15, 2025 11:34:29 AM
Chhatrapati Sambhajnagar, Aurangabad Division
431003
📍 19°87'N 75°35'E

Digital Library (EBSCO) Training

Dated : 03rd February 2026

SRIMS College of Physiotherapy organized an online orientation programme on the **EBSCO–MUHS Digital Library Consortium** in collaboration with EBSCO. The session, conducted through the Zoom platform, was attended by faculty members, non-teaching staff, and students.

The resource person, **Mr. Gaurav Date**, introduced participants to the wide range of academic resources available through the consortium, including peer-reviewed journals, e-books, and research databases. He also demonstrated effective search strategies and highlighted the application of digital resources in evidence-based learning, clinical decision-making, teaching, and research.



Students & Non-Teaching Faculty Attending EBSCO Training Session

Beyond Treatment: Physiotherapy in Cancer Care

Dated : 04th February 2026

On the occasion of **World Cancer Day (4th February 2026)**, SRIMS College of Physiotherapy organized an awareness programme for first-year BPT students on the theme **“Role of Physiotherapy in Cancer Care – From Diagnosis to Survivorship.”**

The session was delivered by Dr. Vibhuti Tiwari (PT), Assistant Professor, MGM Institute of Physiotherapy, and a Certified Lymphedema Therapist. Through an engaging presentation, she highlighted the expanding role of physiotherapists across the entire cancer care continuum—from early diagnosis and treatment to rehabilitation, symptom management, functional recovery, and long-term survivorship. The session also emphasized the importance of multidisciplinary collaboration and introduced students to the emerging field of oncology rehabilitation.

ShriRamchandra Institute Of Medical Sciences (SRIMS)
College Of Physiotherapy,
Chh. Sambhajinagar

On the occasion of
WORLD CANCER DAY

Topic
Role of Physiotherapy in Cancer Care
From Diagnosis to Survivorship

Resource Person
Dr. Vibhuti Tiwari (PT)
Assistant Professor,
MGM Institute of Physiotherapy
Certified in Lymphedema
Management Therapist

Date :
4th February 2026
Time: 2pm – 3pm
Demo room, 3rd floor,
SRIMS Campus

Learning Objectives

1. Awareness about the role of physiotherapy in cancer care.
2. Importance of early physiotherapy intervention.
3. Highlight rehabilitation needs from diagnosis to survivorship.
4. Introduce the physiotherapist's role in the cancer care team.
5. Encourage interest in oncology rehabilitation among students.

Who can Attend
• 1st year students

Co-ordinator:
• Dr. Nidhi Kalani



Resource person delivering the lecture

Exploring Neuro physiotherapy

An Expert Session by Dr. Dinesh Chavhan (PT, PhD)

Dated : 07th February 2026

As part of its commitment to academic enrichment, SRIMS College of Physiotherapy organized an expert guest lecture by **Dr. Dinesh Chavhan (PT, PhD), Professor & Head, Department of Neurophysiotherapy, Dhole Patil College of Physiotherapy, Pune.**

The session introduced students to the expanding scope of **Neurophysiotherapy** and its vital role in the rehabilitation of individuals with neurological disorders. Drawing from his extensive clinical and academic experience, Dr. Chavhan emphasized the importance of evidence-based practice, continuous professional development, interdisciplinary collaboration, and patient-centered care. He also highlighted the diverse career opportunities available in clinical practice, academics, research, and specialized rehabilitation. The interactive lecture inspired students to explore the evolving landscape of neurophysiotherapy and reinforced the importance of lifelong learning in building a successful professional career.



Resource person delivering the lecture



A group photograph with the resource person

Every Child Has Extraordinary Potential

World Down Syndrome Day

Dated : 23rd March 2026

On the occasion of **World Down Syndrome Day**, SRIMS College of Physiotherapy organized an awareness session titled **"Down Syndrome: From Extra Chromosome to Extra Potential through Early Assessment and Intervention."** The programme aimed to sensitize students to the role of physiotherapy in the early identification, developmental management, and long-term rehabilitation of children with Down syndrome.

The session was delivered by **Dr. Rucha Agnihotri (MPT – Neuro Physiotherapy)**, who highlighted the significance of early intervention, family-centered care, and multidisciplinary rehabilitation in improving functional outcomes and quality of life. The session also emphasized the importance of promoting inclusion, acceptance, and equal opportunities for individuals with Down syndrome.



ShriRamchandra Institute Of Medical Sciences (SRIMS)
College Of Physiotherapy,
 Chh. Sambhajinagar

On the Occasion of
World Down Syndrome Day

Theme:
 Togetherness Against Loneliness

Topic:
 Down Syndrome: From Extra Chromosome to Extra Potential through Early Assessment and Intervention

23rd March 2026
 4:00 PM – 5:00 PM

Participants: First Year BPT Students of SRIMS college of Physiotherapy.

Objectives of the Event

- To provide basic knowledge about Down Syndrome and its causes.
- To create awareness about the importance of early assessment and intervention.
- To understand the role of physiotherapy in the management of children with Down Syndrome.



21st March



Resource Person
Dr. Rucha Agnihotri
 (MPT, Neuro-Physiotherapy)
 Assistant Professor, Dhaneshwari
 College of Physiotherapy.

Event Co-ordinator:
Dr. Sheetal Bankar

Organized by:
SRIMS College of Physiotherapy Chh. Sambhajinagar



Principal Felicitating the Resource Person



Resource Person delivering a Lecture

Fundamentals 2026 – Intercollegiate Quiz Competition

Dated : 11th April 2026

SRIMS College of Physiotherapy successfully organized **Fundamentals 2026**, an **Intercollegiate Quiz Competition**, bringing together students from **six physiotherapy colleges** across Chh. Sambhajinagar to promote academic excellence, clinical reasoning, and healthy competition.

The quiz comprised five challenging rounds—General MCQs, Subject-wise Questions, Clinical Scenarios, Visual Identification, and the Buzzer Round—testing participants' theoretical knowledge and clinical aptitude. Following an exciting contest, **MGM School of Physiotherapy** emerged as the overall winner, with **SRIMS College of Physiotherapy** finishing as the runner-up.

The event provided an excellent platform for collaborative learning, intellectual exchange, and strengthening academic ties among physiotherapy institutions.



ShriRamchandra Institute Of Medical Sciences (SRIMS)
College Of Physiotherapy,
Chh. Sambhajinagar



FUNDAMENTALS 2026

INTERCOLLEGIATE QUIZ COMPETITION



11th APRIL 2026
11:00 AM



we proudly present **Fundamentals 2026** an intercollegiate quiz competition designed to test and strengthen the foundational knowledge of physiotherapy students.

OBJECTIVES:	ELIGIBILITY	AWARDS
- To Reinforce core concepts - To Promote academic excellence - To Encourage healthy intellectual competition - To Foster intercollegiate interaction	- Open to BPT 1st Year Students only - Only ONE team per college - Each team must consist of THREE member	- First Prize - Second Prize - Participation Certificates for All Teams

Last date for Registration: 20 March 2026

Contact
Dr. Sheetal Bankar : 7721863437

Venue : SRIMS College of Physiotherapy, SRIMS campus, Beed Bypass, Chh Sambhajinagar



Principal – Dr. Surendra Wani Sir addressing the gathering at the Quiz Competition



Group Photograph of SRIMSCOP Faculty with winners and participants

Educational Visit to Dattaji Bhale Blood Centre

Dated : 13th June 2026

On the occasion of **World Blood Donor Day**, SRIMS College of Physiotherapy organized an educational visit to **Dattaji Bhale Blood Centre** on **13th June 2026** to enhance students' understanding of blood donation and transfusion services.

Students observed various stages of blood banking, including donor screening, blood collection, testing, processing, storage, and distribution. The visit also highlighted the importance of voluntary blood donation, quality assurance, and safety protocols followed at blood centre. This practical exposure enriched students' knowledge of transfusion services and reinforced the significance of community healthcare and humanitarian service.



Students Learning about blood composition



Dr. Amar Satpute interacting with students



Group Photograph with HOD and Staff members of Dattaji Bhale Blood Centre

Empowering students beyond academics

Sr. No.	Activity	Date
1	Guru Shishya Parampara - Mentor - Mentee	December 2025
2	Poster competition - Disability day	06 th December 2025
3	Rangoli Competition – Makar Sankranti Celebration	14 th January 2026
4	Heartfulness Meditation Workshop	29 th –31 st December 2025
5	Freshers party	11 th January 2026
6	Momentum 2026 – Annual Sports day	24 th January 2026
7	Srujanam 2026 – Annual Cultural Program	25 th January 2026
8	Inspirational Talk – International Women’s day	09 th March 2026
9	Spandan 2026 – MUHS State Level Fine Arts Competition	24 th –25 th April 2026
10	International Mother’s Day	10 th May 2026
11	3 Days Self-defines Workshop	12 th – 15 th May 2026
12	International Yoga Day Celebration	21 st June 2026

Guru–Shishya Parampara – Rishi Parampara Based Mentorship Programme

Dated : December 2025

Inspired by the timeless Indian tradition of the **Guru–Shishya Parampara**, SRIMS College of Physiotherapy has established a structured **Rishi Parampara–Based Mentorship Programme** to provide students with academic guidance, emotional support, personal development, and professional orientation throughout their educational journey.

Under this unique initiative, faculty mentors serve as **Gurus**, guiding small groups of students (**Shishyas**) beyond academics by fostering discipline, ethical values, leadership, communication, and holistic growth. The programme creates a supportive environment where students can seek guidance on academic, personal, and career-related matters.

To reflect the rich heritage of Indian knowledge systems, each mentorship group is named after one of the revered **Saptarishis**, symbolizing wisdom, integrity, perseverance, and lifelong learning.

Mentorship Groups

- Vashishta
- Vishwamitra
- Atri
- Bharadvaja
- Kashyapa
- Agastya

The **Rishi Parampara Mentorship Programme** embodies the philosophy that education extends beyond the classroom, nurturing competent, compassionate, and ethically grounded physiotherapy professionals.



Faculty- Students during Mentor- Mentee Meeting

Poster-Making Competition – International Day of Persons with Disabilities

Dated : 06th December 2025

On the occasion of the International Day of Persons with Disabilities, SRIMS College of Physiotherapy organized a Poster-Making Competition for First-Year BPT students on the theme “No One Left Behind.” The competition aimed to promote awareness about disability inclusion, accessibility, and empathy through creative expression.

Students participated in **eight groups**, presenting innovative posters that highlighted the importance of inclusive healthcare and equal opportunities for persons with disabilities. The entries were evaluated by **Dr. Shivanand Rathod** and **Dr. Surendra Wani**, who appreciated the creativity and social relevance of the presentations. The activity encouraged students to develop empathy, teamwork, and a deeper understanding of disability inclusion—values that are fundamental to the physiotherapy profession



Judges addressing the students



The winner group with the judges

Rangoli Competition – Makar Sankranti Celebration

Dated : 14th January 2026

On the occasion of **Makar Sankranti**, SRIMS College of Physiotherapy organized a **Rangoli Competition** on **14th January 2026** to celebrate India's rich cultural heritage and encourage creativity among students. A total of **27 First-Year BPT** students, forming **seven groups**, enthusiastically participated by creating vibrant rangoli designs based on the given theme.

The entries were evaluated by **Dr. Suvarna Gulanikar**, **Dr. Supriya Patil**, and renowned visual artist **Mr. Sanatan Dinda** on the basis of creativity, colour combination, theme representation, neatness, and overall presentation. The competition fostered teamwork, artistic expression, and festive spirit, making the Makar Sankranti celebration both colourful and memorable.



Judges evaluating the Rangoli



1st Prize Winner Rangoli Group



2nd Prize Winner Rangoli Group

Heartfulness Meditation Workshop

Dated : 29th–31st December 2025

As part of the observance of International Mind–Body Wellness Day, SRIMS College of Physiotherapy organized a three-day Heartfulness Meditation Workshop from 29th to 31st December 2025. The workshop was designed to emphasize the importance of mental wellness and emotional balance as essential attributes of healthcare professionals.

The sessions were facilitated by Dr. Avinash Buche (MBBS, MD), Dr. Vishwas Pramanik, and Mr. Maru, who introduced participants to the principles and practice of Heartfulness Meditation. Through guided relaxation, meditation, the Heartfulness Cleaning technique, and the “Connect Within” meditation, participants experienced simple yet effective practices to enhance concentration, emotional stability, and inner calm. The programme also highlighted the importance of relaxation as a foundation for mindfulness and effective stress management.

The workshop received an enthusiastic response and inspired the students to adopt **five minutes of guided meditation at the beginning of every academic day**. This daily practice has become an integral part of the college routine, helping students cultivate mindfulness, enhance focus, and begin each day with a calm and positive mindset.



**ShriRamchandra Institute Of
Medical Sciences (SRIMS)**
College Of Physiotherapy, Chh. Sambhajinagar

heartfulness
advancing in love

INTRODUCING MEDICAL BREAK THROUGH HEARTFULNESS MEDITATION

A Simple Path to Inner Peace, Balance & Well-Being

Heartfulness Meditation is a **simple, subtle and effective practice** that helps you connect with the light and **love within your heart**.

It supports emotional balance, mental clarity, stress relief, and overall wellness.

- Suitable for all age groups
- No prior meditation experience required
- Scientifically supported & doctor-recommended practice

Join the heartfulness meditation workshop

 **29th, 30th & 31st Dec. 25**
9:00 to 10: 00am

 **3rd Floor, RKDMC – SRIMS**

Co-Ordinator
Dr. Aditya Vaidya

Resource Person
Dr. Avinash Buche (MBBS MD)
Consultant Rheumatologist





Dr. Vishram Pramanik delivering the Introductory lecture about meditation



Students meditating

Freshers Gala 2026 – *Lights, Camera, Freshers!*

Dated : 11th January 2026

SRIMS College of Physiotherapy warmly welcomed its new batch of students with **Freshers Gala 2026** – “**Lights, Camera, Freshers!**” on **11th January 2026**. The event provided a vibrant platform for freshers to interact with seniors, faculty members, and the Student Council, fostering a sense of belonging and camaraderie.

The programme featured an exciting three-round competition comprising a themed ramp walk, interactive games, and personality-based rapid-fire and situational rounds, allowing students to showcase their confidence, creativity, communication skills, and talents. The event also included the **Student Council Badge Ceremony**, symbolizing leadership and responsibility.

The celebration concluded with the announcement of the winners, including **Mr. Fresher – Shivam Landge** and **Ms. Fresher – Narayani Kulkarni**, making the event a memorable beginning to the students' academic journey at SRIMS College of Physiotherapy.





Freshers' Party Group Photo



Group Photo with Mr & Miss Freshers and Winners

Momentum 2026 – Annual Sports Day

Dated : 24th January 2026

SRIMS College of Physiotherapy celebrated its **Annual Sports Day – MOMENTUM 2026**, providing students with an opportunity to showcase their athletic abilities while promoting the values of fitness, teamwork, discipline, and sportsmanship. The event was inaugurated by distinguished guests and commenced with the ceremonial lighting of the Mashaal, followed by the National Anthem.

Students enthusiastically participated in a variety of **outdoor sports**, including Cricket, Volleyball, and Kho-Kho, and **indoor events** such as Badminton, Chess, Carrom, and Musical Chair. The competitions reflected not only physical endurance and skill but also strategic thinking and team spirit. The winners were felicitated for their outstanding performances, making **Momentum 2026** a memorable celebration of sports, camaraderie, and holistic development.



The poster for Momentum 2026 SRIMSCOP Sports Day features a clean, modern design with a white background and orange and blue accents. At the top center is the SRIMS logo, a circular emblem with a flame and the text 'SRIMS COLLEGE OF PHYSIOTHERAPY'. Below it, the text 'ShriRamchandra Institute Of Medical Sciences (SRIMS)' and 'College Of Physiotherapy Chh. Sambhajinagar' is displayed. The main title 'MOMENTUM-2026' is in large, bold, blue letters, with 'SRIMSCOP SPORTS DAY' in orange below it. A tagline 'Fuel the Passion. Feel the Energy.' is in blue. The organizers are listed as 'College Student Council - SRIMSCOP' and 'ABHYUDAYA Batch 2025-26'. A description of the event is provided: 'A dynamic celebration of athletic excellence, teamwork, and sportsmanship, bringing together students to compete, collaborate, and showcase their physical and mental strength.' The date and time '24 January 2026 9:00 AM - 5:00 PM' are shown next to a calendar icon, and the location 'SRIMS Campus' is shown next to a location pin icon. The bottom of the poster features a vibrant illustration of various athletes in motion, including a runner, a basketball player, a tennis player, and a badminton player, all in dynamic poses with colorful splashes around them.


ShriRamchandra Institute Of Medical Sciences (SRIMS)
College Of Physiotherapy
Chh. Sambhajinagar

MOMENTUM-2026
SRIMSCOP SPORTS DAY

Fuel the Passion. Feel the Energy.

Organised by
College Student Council - SRIMSCOP
ABHYUDAYA
Batch 2025-26

A dynamic celebration of athletic excellence, teamwork, and sportsmanship,
bringing together students to compete, collaborate, and showcase their
physical and mental strength.

 **24 January 2026**
9:00 AM - 5:00 PM

 SRIMS Campus





Our esteemed Guests, Faculty members and Sport's secretary performing Mashaal lighting



Chief guests addressing the students



Students playing outdoor game (Kho-Kho)



Students playing indoor game (Badminton)



Students playing indoor game (Chess)



Students playing indoor game (Carrom)

Srujanam 2026 – Annual Cultural Programme

Dated : 25th January 2026

Srujanam 2026, the Annual Cultural Programme of SRIMS College of Physiotherapy, was celebrated on **25th January 2026**, providing a vibrant platform for students to showcase their artistic talents while celebrating culture, creativity, and togetherness. The programme commenced with the auspicious **Saraswati Pujan**, performed by **Dr. Satish Kulkarni**, President of BAVP Trust, setting a positive and inspiring tone for the event.

The celebration featured an array of captivating performances, including solo and group singing, dance performances, poetry recitations, and interactive games, reflecting the diverse talents of the students. The event also included a special staff performance, adding to the festive spirit. Outstanding performers were honoured with special awards, while winners of the **Annual Sports Day, Poster Competition, and Rangoli Competition** were felicitated during the prize distribution ceremony.

Srujanam 2026 concluded on a high note, strengthening the spirit of unity, creativity, and cultural appreciation. The event was successfully organized through the dedicated efforts of the **Student Council** and the **ABHYUDAYA Batch (2025–26)**, making it a memorable celebration for the entire SRIMS family.



Ganesh Vandana by Sakshi Sonawane



ShriRamchandra Institute Of Medical Sciences (SRIMS)

College Of Physiotherapy

Chh. Sambhajinagar

सृजनम् 2026

Cultural Event

Celebrating Tradition, Talent & Togetherness

Where Culture Comes Alive
A Vibrant Celebration of Art & Expression

Organised by

College Student Council - SRIMSCOP

ABHYUDAYA

Batch 2025-26



25 January 2026

9:00 AM – 5:00 PM



Daksh Hall, 3rd Floor,
RKDMC

Event Highlights

- Group & Solo Dance performances
- Group & Solo Singing performances
- Traditional attire
- Drama





Dr. Satish Kulkarni, Chairman, Dr. BAVP, Addressing students



Dr. Surendra Wani, Principal SRIMSCOP, Presenting trophy to winners



Dr. Neha Pujari Presenting trophy to winners

Spandan 2026 – MUHS State Level Fine Arts Competition

Dated : 24th-25th April 2026

Students of **SRIMS College of Physiotherapy** enthusiastically participated in **Spandan 2026 – Lalit Kala**, the prestigious **Maharashtra University of Health Sciences (MUHS), Nashik State-Level Fine Arts Competition**, held at **Dhole Patil College of Physiotherapy, Pune**, on **24th and 25th April 2026**. The competition provided a platform for students to showcase their artistic talents alongside their academic pursuits.

The college achieved notable success with **Pallavi Thaware** securing the **First Prize (Zonal)** in **Clay Modelling**, while **Trupti Chavan** won the **Second Prize (Zonal)** in the **Rangoli Competition** from the Chhatrapati Sambhajnagar Zone. Their achievements reflected the creativity, dedication, and all-round development encouraged at SRIMS College of Physiotherapy.



Faculty and Students at Dhole Patil College of Physiotherapy, Pune for Spandan-2026

Inspirational Talk – International Women’s Day

Dated : 09th March 2026

On the occasion of **International Women’s Day 2026**, SRIMS College of Physiotherapy organized an inspirational guest lecture under the theme **“Her Strength, Her Story”** for First-Year BPT students. The session, titled **“What I Wish Someone Told Me at 20 – A Journey of Choices, Courage & Career Clarity,”** encouraged students to make informed career choices, develop self-confidence, and embrace leadership.

The resource person, **Mrs. Medha Deshpande**, shared valuable life experiences and practical insights on communication, empathy, professional ethics, problem-solving, and personal growth. The interactive session inspired students to build meaningful careers while reinforcing the values of resilience, gender equality, and lifelong learning.



ShriRamchandra Institute Of Medical Sciences (SRIMS)
College Of Physiotherapy,
Chh. Sambhajinagar

On the Occasion of
International Women’s Day 2026



Under the Initiative
“Her Strength, Her Story”

Special Guest Lecture
Topic :
What I Wish Someone Told Me at 20
A Journey of Choices, Courage & Career Clarity

Monday 9th March 2026
12:00 PM-01:00 PM
Demo Room, 3rd Floor, SRIMS Campus

Resource Person



Mrs. Medha Deshpande
Founder & CEO – Growth Catalysts Consulting Pvt. Ltd.
Entrepreneur | Business Leader | Mentor

Learning Objectives

- To inspire young women to think intentionally about their careers.
- To understand the importance of early decision-making and self-belief.
- To learn from real-life challenges and defining moments.
- To encourage leadership and confidence among future healthcare professionals.
- To empower students to shape their own professional journeys.

Who Can Attend

- 1st Year Physiotherapy Students

Co-ordinator

- Dr. Aditya Vaidya



Resource person delivering the lecture



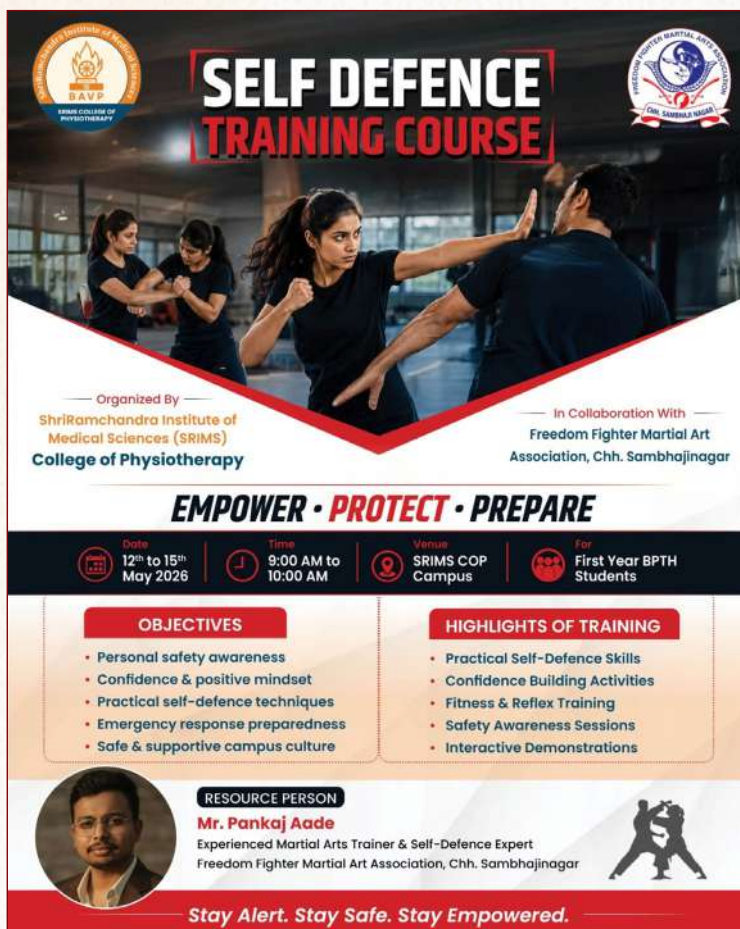
Students during interactive activity

Self-Defence Training Workshop

Dated : 12th – 15th May 2026

SRIMS College of Physiotherapy organized a **four-day Self-Defence Training Workshop** from **12th to 15th May 2026** to empower students with essential self-protection skills while promoting confidence, discipline, and physical fitness.

Conducted by **Mr. Pankaj Aade**, the workshop included practical training in self-defence techniques, situational awareness, emergency response, and strategies for escaping unsafe situations. The programme also emphasized mental resilience, gender sensitization, and personal safety, equipping students with the confidence and preparedness to respond effectively to challenging situations.



SELF DEFENCE TRAINING COURSE

Organized By
ShriRamchandra Institute of Medical Sciences (SRIMS) College of Physiotherapy

In Collaboration With
Freedom Fighter Martial Art Association, Chh. Sambhajinagar

EMPOWER • PROTECT • PREPARE

OBJECTIVES

- Personal safety awareness
- Confidence & positive mindset
- Practical self-defence techniques
- Emergency response preparedness
- Safe & supportive campus culture

HIGHLIGHTS OF TRAINING

- Practical Self-Defence Skills
- Confidence Building Activities
- Fitness & Reflex Training
- Safety Awareness Sessions
- Interactive Demonstrations

RESOURCE PERSON
Mr. Pankaj Aade
Experienced Martial Arts Trainer & Self-Defence Expert
Freedom Fighter Martial Art Association, Chh. Sambhajinagar

Date: 12th to 15th May 2026
Time: 9:00 AM to 10:00 AM
Venue: SRIMS COP Campus
For: First Year BPTH Students

Stay Alert. Stay Safe. Stay Empowered.



Students practicing new techniques



Resource Person demonstrating new techniques to students



Group photographs of students with resource person and faculty

International Yoga Day Celebration

Dated : 21st June 2026

SRIMS College of Physiotherapy celebrated **International Yoga Day 2026** on **21st June 2026** in collaboration with **Bharatiya Yog Sansthan, Delhi**, under the global theme **"Yoga for Healthy Aging."** The programme aimed to promote the importance of yoga in maintaining physical, mental, and emotional well-being while encouraging its adoption as a daily lifestyle practice.

Led by experienced yoga experts, the session included yogic warm-up exercises, stretching, various yogasanas, pranayama, meditation, and relaxation techniques. Students, teaching faculty, and non-teaching staff enthusiastically participated, gaining practical insights into the role of yoga in promoting flexibility, balance, stress management, and healthy ageing. The celebration concluded with a renewed commitment to integrating yoga into daily life for holistic health and wellness.



श्रीरामचंद्र इन्स्टिट्यूट ऑफ मेडिकल सायन्सेस (SRIMS)
कॉलेज ऑफ फिजिओथेरेपी
छत्रपती संभाजीनगर



योग-संगम
Yoga-Sangam

आंतरराष्ट्रीय योग दिवस

2026

निरोगी वृद्धत्वासाठी योग (Yoga for Healthy Aging)
सक्रिय रहा • संतुलित रहा • निरोगी रहा



श्री. संजय आशिषाबादकर
विभागीय प्रमाण,
भारतीय योग संस्थान दिल्ली
शाखा - छत्रपती संभाजीनगर-सोलापुर विभाग



श्री. दिनेश भगवानराव देशपांडे
विभागीय मंत्री,
भारतीय योग संस्थान दिल्ली
शाखा - छत्रपती संभाजीनगर-सोलापुर विभाग



सौ. वर्षा धेंडे देशपांडे
गट प्रमुख १ खडकी,
भारतीय योग संस्थान दिल्ली
शाखा - छत्रपती संभाजीनगर

तज्ञ मार्गदर्शक

21 जून 2026
सकाळी 8:00 ते 9:00

**SRIMS कॉम्पस, बीड बायपास,
छत्रपती संभाजीनगर**

उद्दिष्ट :

1. निरोगी आणि सक्रिय वृद्धत्वासाठी प्रोत्साहन देण्यासाठी योगाची भूमिका समजून घेणे.
2. आयुष्यभर आरोग्य व तंदुरुस्ती राखण्यासाठी योग्या आणि प्राचीन योगाभ्यासांची माहिती मिळवणे.
3. योगाच्या माध्यमातून प्रतिबंधात्मक आरोग्यसेवेबाबत जागरूकता विकसित करणे.
4. प्रभावशाली आणि ध्यान योग्यांसारख्या प्रायोगिक अनुभव घेणे.
5. दैनंदिन जीवनातील एक भाग म्हणून योगाचा स्वीकार करण्यासाठी प्रोत्साहित करणे.

कार्यक्रम संयोजक: डॉ. शीतल बनकर | आयोजक: SRIMS College of Physiotherapy, Chh.Sambhajinagar.



Participants performing warm-up and stretching exercises under the guidance of the resource persons.



Participants practicing balance-enhancing Yogasanas under expert guidance.



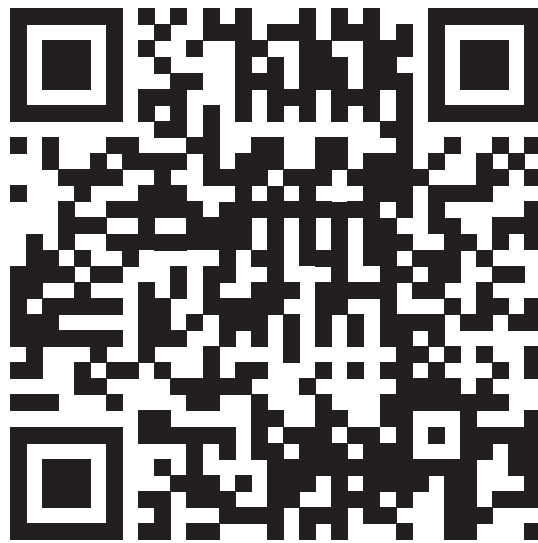
Group photograph of resource persons, faculty members, staff, and students during the International Yoga Day 2026 celebration.

International Mother's Day Celebration

Dated : 10th May 2026

To celebrate the spirit of motherhood, **SRIMS College of Physiotherapy** organized an online **International Mother's Day Celebration on 10th May 2026**, encouraging students to express their love and gratitude through **creative digital reel** dedicated to their mothers.

Students enthusiastically created heartfelt videos using photographs, music, and personal messages, showcasing cherished memories and appreciation for their mothers. The activity fostered creativity, emotional bonding, and the positive use of digital media while reinforcing the values of respect, gratitude, and gender sensitivity. The celebration was warmly received by students and faculty, making it a memorable tribute to the invaluable role of mothers in shaping lives.



Glimpses of International Mother's Day Celebration
Scan the QR code to watch the commemorative video

Faculty excellence and recognition

Sr. No.	Activity	Date
1	Dr. Surendra Wani – TOT Workshop – Resource Person – at DVVPF’s College of Physiotherapy, Ahilyanagar.	20 th June 2025
2	Dr. Neha Pujari, Dr. Rohini Asane – TOT Workshop – Participation – at DVVPF’s College of Physiotherapy, Ahilyanagar.	19 th –20 th June 2025
3	Dr. Aditya Vaidya, Dr. Nidhi Kalani – TOT Workshop – Participation – at MGM Institute of Physiotherapy, Chh. Sambhajinagar.	29 th –30 th July 2025
4	Dr. Aditya Vaidya – Panelist – at MGM School of Physiotherapy, Chh. Sambhajinagar.	21 st August 2025
5	Dr. Surendra Wani – Resouce Person – at MGM School of Physiotherapy, Chh. Sambhajinagar.	29 th September 2025
6	Dr. Surendra Wani – TOT Workshop – Resource Person – at Dhaneshwari College of Physiotherapy, Chh. Sambhajinagar.	06 th October 2025
7	Dr. Surendra Wani – Best Academician Award – at Electrocon 2026	12 th October 2025
8	Dr. Aditya Vaidya – Electrotherapy Inventor Award – at Electrocon 2026	12 th October 2025
9	Dr. Neha Pujari – POSH Act Training – Participation – Online	01 st November 2025
10	Dr. Surendra Wani – Webinar Series on biomechanics – Resource Person – Online	23 rd January 2026
11	Dr. Sheetal Bankar – POSH Act Training – Participation – Online	23 rd January 2026
12	Dr. Aditya Vaidya – Participation – Basic Research Methodology Workshop by MUHS – at MGM Institute of Physiotherapy, Chh. Sambhajinagar.	05 th –07 th February 2026

Faculty Participation in Training of Trainers Workshops on Competency-Based Physiotherapy Education

Dated : 20th June 2025

As a testament to its commitment to quality education, all teaching faculty of **SRIMS College of Physiotherapy** underwent the **Training of Trainers (TOT) Programme on Competency-Based Physiotherapy Education** promoted by **Maharashtra University of Health Sciences (MUHS), Nashik**, prior to the commencement of the college. This ensured that the institution adopted competency-based teaching-learning and assessment practices from its very inception.

Dr. Surendra Wani, Principal, SRIMS College of Physiotherapy, was invited as a **Resource Person** at the **TOT Workshop** organized by **Dr. Vithalrao Vikhe Patil Foundation's College of Physiotherapy, Ahilyanagar** on 19th and 20th June 2025, where he shared his expertise on competency-based physiotherapy education, innovative teaching methodologies, and curriculum implementation. He was also invited as a **Resource Person** for the **TOT Workshop** organized by **Dhaneshwari College of Physiotherapy, Chhatrapati Sambhajnagar**, on **6th October 2025**, contributing to faculty development and the implementation of competency-based physiotherapy education.

Dr. Rohini Asane and Dr. Neha Pujari participated in the TOT Workshop at Ahilyanagar dated 19th-20th June 2025 as delegates, while **Dr. Aditya Vaidya and Dr. Nidhi Kalani** attended the TOT Workshop organized by **MGM Institute of Physiotherapy, Chhatrapati Sambhajnagar**, dated 29th-30th July 2025 enhancing their expertise in competency-based curriculum implementation, innovative teaching-learning methods, and modern assessment strategies.

These faculty development initiatives reflect the college's unwavering commitment to academic excellence, continuous professional development, and the successful implementation of the **Competency-Based Physiotherapy Education Curriculum** envisioned by **MUHS, Nashik**.



Dr. Surendra wani Being Felicitated by Principal, DVVPF's College of Physiotherapy, Ahilyanagar.



Dr. Surendra wani while Delivering the Lecture



Dr. Rohini Asane & Dr. Neha Pujari in Post Workshop Group Photo



Dr. Surendra wani Delivering a Talk at Dhaneshwari College of Physiotherapy, Chh. Sambhajinagar



Dr. Surendra wani in post workshop Group photo at Dhaneshwari College of Physiotherapy, Chh. Sambhajinagar



Dr. Aditya Vaidya & Dr. Nidhi Kalani In Post Workshop Group Photo

Dr. Aditya Vaidya Invited as Panelist at MGM School of Physiotherapy

Dated : 29th–30th July 2025

Dr. Aditya Vaidya, Assistant Professor, SRIMS College of Physiotherapy, was invited as a Panelist for the panel discussion **“The Future in Focus: Start-up Stories from the Physio World”**, organized by the **Institution’s Innovation Council (IIC)**, **MGM School of Physiotherapy, Chhatrapati Sambhajnagar**, on **21st August 2025**.

The discussion focused on innovation, entrepreneurship, and emerging career opportunities in the field of physiotherapy. Dr. Vaidya shared his insights on innovation-driven clinical practice, professional growth, and the evolving role of physiotherapists in the healthcare startup ecosystem. The session provided valuable inspiration to students, academicians, and clinicians, encouraging them to explore innovation and entrepreneurship alongside clinical excellence.



MGM INSTITUTE OF HEALTH SCIENCES
MGM SCHOOL OF PHYSIOTHERAPY
 A Constituent Unit of MGMIHS, Navi Mumbai
 (Deemed University u/s 3 of UGC Act, 1956)
 Grade 'A++' Accredited by NAAC
 N-6 CIDCO, Chh. Sambhajnagar - 431003



MGM IIC 7.0 Quarter-4 Calendar Activity
Theme: Innovation & Start-up Ecosystem
Panel Discussion - The Future in Focus: "Start-up Stories from the Physio World"

Resource Persons



Dr. Aditya Vaidya (PT)
 Assistant Professor
 SRIMS College of Physiotherapy
 HOD, Department of Physiotherapy,
 Dr. Hedgewar Hospital, Chhatrapati Sambhajnagar



Dr. Akshay Suresh Agrawal
 Musculoskeletal Physiotherapist
 Healing Hands Physiotherapy
 Clinic and Rehabilitation Centre
 Chhatrapati Sambhajnagar



Dr. Aditya Anvikar
 Head Physiotherapist,
 Mission Lakshyavedh Sports Excellence Center,
 Director- The Therapy Box: Physiotherapy,
 Wellness & Human Performance Center
 Chhatrapati Sambhajnagar

Date : 21st August 2025, Thursday
Time : 11:30 am -12:30 pm
Venue: Dyotan Hall, MGM Medical College & Hospital,
Chh. Sambhajnagar
Who can attend it
 Physiotherapy Fraternity - Academicians, Clinicians and Students
Coordinators: Dr. Manibhadra Panda, Dr. Vikrant Saiphale
Contact Details: 7008187679, 8949764424



Dr. Aditya Vaidya Delivering talk during the event



Dr. Aditya Vaidya's Felicitation by Director, MGM School of Physiotherapy, Chh. Sambhajnagar

Dr. Surendra Wani Invited as Resource Person at MGM School of Physiotherapy

Dated : 29th September 2025

Dr. Surendra Wani, Principal, SRIMS College of Physiotherapy, was invited as a **Resource Person** for the Continuing Physiotherapy Education (CPE) programme **"Pain Beyond the Symptom: A Multidisciplinary Perspective"**, organized by **MGM School of Physiotherapy** in collaboration with the **Indian Association of Physiotherapists (IAP)**, Chhatrapati Sambhajnagar Chapter, on the occasion of **Pain Awareness Month**.

Dr. Wani delivered an expert session on **"Biopsychosocial Assessment of Pain Using Patient/Self-Reported Outcome Measures (PROMs)"**, highlighting the importance of a patient-centred, evidence-based approach to pain assessment. The programme brought together experts from orthopaedics, pain medicine, and physiotherapy, fostering interdisciplinary learning and advancing contemporary pain management practices among students, academicians, and clinicians.



MGM School of Physiotherapy
a Constituent Unit of MGMIHS, Navi Mumbai
in collaboration with
The Indian Association of Physiotherapists (IAP)
(Chhatrapati Sambhajnagar Chapter) is organizing a CPE
On the occasion of 'Pain Awareness Month'

Pain beyond the Symptom : A Multidisciplinary Perspective
an IQAC initiative
Resource Persons

Dr. Chandrashekhar Vijay Gaike
Senior Endoscopic and Minimal Access Spine Surgeon, Associate Professor & Spine Surgeon,
MGM Medical College and Hospital, Chh. Sambhajnagar.
'Pathologies not to miss while treating pain in Orthopaedics'

Dr. Amol Pandav
Associate Professor, Department of Anesthesiology, MGM Medical College and Hospital,
Interventional Pain Physician, Pain panacea superspecialty clinic, Chh. Sambhajnagar.
'Interventional and Pharmacological Approaches: Defining Their Role in the
Multidisciplinary Pain Model'

Dr. Surendra Wani
Principal & Professor, ShriRamchandra Institute of Medical Sciences
(SRIMS) College of Physiotherapy, Chh. Sambhajnagar.
'Biopsychosocial Assessment of Pain using Patient / Self-Reported Outcome
Measures (PROMs)'

Dr. Rinkle Malani
Director and Professor, MGM School of Physiotherapy, Chh. Sambhajnagar,
a Constituent Unit of MGMIHS, Navi Mumbai
'Gut Health and Chronic Pain : An Overlooked Link'

Date: 29th September 2025 | Time: 10:00 am to 1:00 pm
Venue : Dyotan Hall, MGM Medical College and Hospital, Chh. Sambhajnagar

Who can attend? - BPT Graduates, Post graduates, Academicians, Clinicians
Event Coordinators : Dr. Tajuddin Chitapore, Dr. Vaibhavi Walimbe



Dr. Surendra wani While Delivering Talk



Dr. Surendra Wani being felicitated by HOD, Musculoskeletal Department, MGM School of Physiotherapy, Chh. Sambhajnagar



Group photo post CME with Participants

Recognition at Electrocon 2025- An International Conference

Dated : 12th October 2025

Faculty members of **SRIMS College of Physiotherapy** received prestigious recognitions at **Electrocon 2025**, An International Conference on Electrotherapy organized by **MAEER Pune's Maharashtra Institute of Physiotherapy, Latur**, on **11th-12th October 2025**. The conference brought together eminent academicians, clinicians, researchers, and innovators from across the country to promote advancements in electrotherapy and physiotherapy.

Dr. Surendra Wani, Principal, SRIMS College of Physiotherapy, was honoured with the **Best Academician Award** in recognition of his outstanding contribution to physiotherapy education, academic leadership, and faculty development.

Dr. Aditya Vaidya, Assistant Professor, SRIMS College of Physiotherapy, received the prestigious **Electrotherapy Inventor Award** for his innovative contributions to electrotherapy and his commitment to advancing evidence-based physiotherapy practice through innovation and research.

These honours reflect the dedication, academic excellence, and innovative spirit of the faculty, further strengthening the reputation of **SRIMS College of Physiotherapy** at the national level.



Dr. Surendra wani while receiving Best Academician Award



Dr. Aditya Vaidya While Receiving Electrotherapy Inventor Award

Faculty Certified in POSH Act Compliance

Dated : 01st November 2025

As part of the institution's commitment to fostering a safe, inclusive, and legally compliant academic environment, **Dr. Neha Pujari** and **Dr. Sheetal Bankar**, Assistant Professors at SRIMS College of Physiotherapy, successfully completed the Online Training Programme on the Prevention of Sexual Harassment (POSH) Act, 2013 conducted by Tech Trainers and Testers, Pune.

The programme covered the provisions of the **Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013**, UGC compliance requirements, workplace ethics, and the responsibilities of educational institutions in creating a respectful and harassment-free environment. This certification further strengthens the college's commitment to gender sensitization, legal awareness, and a safe campus culture for students and staff alike.



Dr. Surendra Wani Invited as Resource Person for Webinar Series on Biomechanics

Dated : 23rd January 2026

Dr. Surendra Wani, Principal, **SRIMS College of Physiotherapy**, was invited as a **Resource Person** for the **12th Webinar in the Biomechanics Series** organized by the **MGM Centre of Human Movement Science, MGM School of Physiotherapy, Navi Mumbai**. A constituent unit of MGM Institute of Health Sciences (Deemed to be University), on **23rd January 2026**.

Dr. Wani delivered an expert lecture on **“Rotator Cuff Muscle Movement Kinetics: Normal vs. Patients with Diabetes,”** highlighting the biomechanical alterations associated with diabetes and their impact on shoulder muscle function. The session explored changes in rotator cuff biomechanics, movement kinetics, and the clinical implications for physiotherapy assessment and rehabilitation.

The webinar witnessed active participation from academicians, researchers, clinicians, and students, providing an enriching platform for the dissemination of contemporary research and evidence-based clinical practice in biomechanics.



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Sector-1, Kamothe, Navi Mumbai – 410209



MGM Centre of Human Movement Science
presents
12th Webinar in the series in Biomechanics
to mark 10 years of Research & Development

Rotator Cuff Muscle Movement Kinetics:
Normal vs. Patients with Diabetes

Normal Shoulder



Diabetic Shoulder





Speaker: Dr Surendra Wani PT, PhD
Professor & Principal,
Shri Ramchandra Institute of Medical Sciences (SRIMS) College of Physiotherapy, Chh Sambhajinagar,

Friday, 23rd January 2026, Time: 16.00 hrs – 17.00 hrs
Registration is mandatory and free:
<https://forms.gle/D3A78oTpBdLeqQVA>
Webinar meeting link: [https://us04web.zoom.us/j/73066335644?](https://us04web.zoom.us/j/73066335644?pwd=EmnLY0FC3RzhvNHeMaR12veS6Gz3Zc.1)
[pwd=EmnLY0FC3RzhvNHeMaR12veS6Gz3Zc.1](https://us04web.zoom.us/j/73066335644?pwd=EmnLY0FC3RzhvNHeMaR12veS6Gz3Zc.1)
Meeting ID: 730 6633 5644
Passcode: 9SwADe

Highlights :

- 1.Normal rotator cuff biomechanics
- 2.Identification of diabetes-related alterations in muscles affecting movement kinetics.
- 3.Morphological & electro-physiological functions of shoulder muscles in people with diabetes



Connect to us !!
mgmchms@mgmsoptm.edu.in

Dr. Aditya Vaidya Participated in Basic Research Methodology Workshop by MUHS, Nashik

Dated : 05th–07th February 2026

Dr. Aditya Vaidya, Assistant Professor, **SRIMS College of Physiotherapy**, participated in the **Basic Research Methodology Workshop** by MUHS, Nashik organized by the **MGM Institute of Physiotherapy, Chhatrapati Sambhajnagar**.

The workshop focused on strengthening research competencies among healthcare educators by covering key aspects of research methodology, including research design, protocol development, biostatistics, ethical considerations, scientific writing, and publication practices. The programme provided valuable insights into conducting high-quality, evidence-based research and reinforced the importance of research excellence in physiotherapy education and clinical practice.



Post Workshop Group Photo

Scholarly Research Contribution

Sr. No.

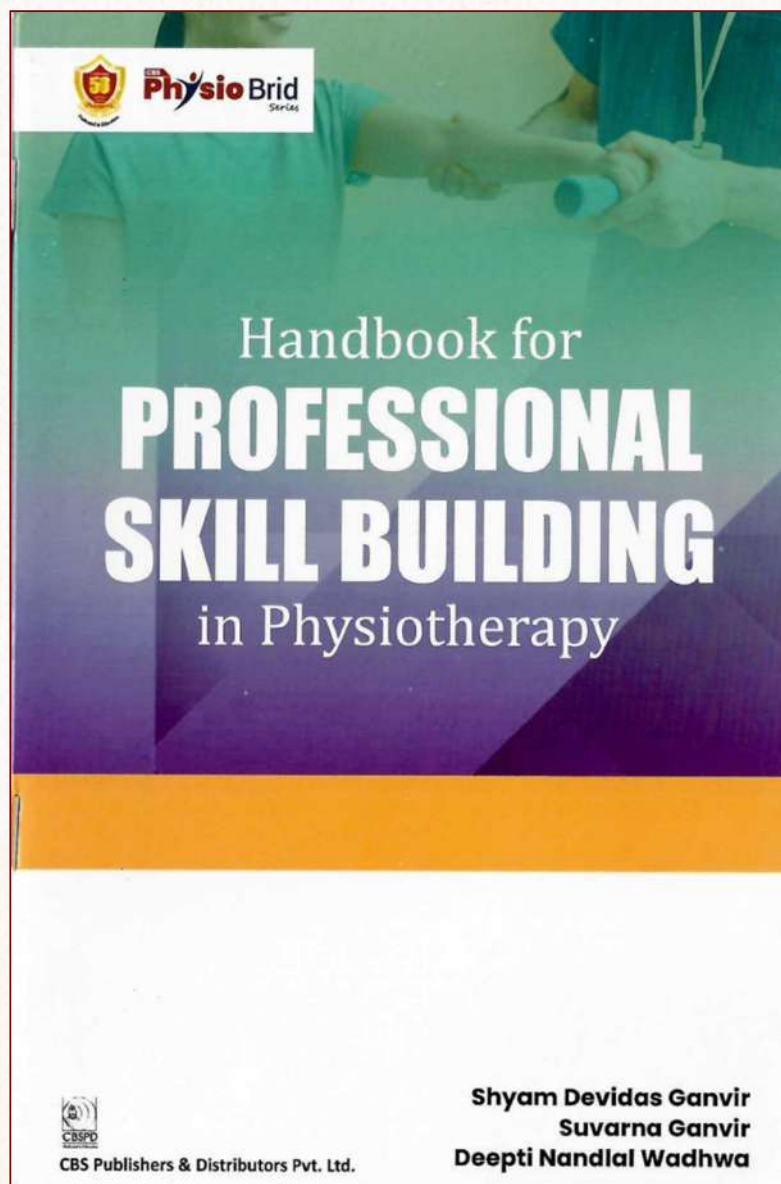
Scholarly Contribution

- 1 Dr. Surendra Wani – Book Authorship Contribution of 07 Chapters in Handbook for Professional Skill Building in Physiotherapy by CBS Publishers.
- 2 First Copyright Registration of SRIMS College of Physiotherapy – PEACE-Q (LD-20250173102)
- 3 International Publication in JOSPT Cases – Primary Protrusio Acetabuli
- 4 International Publication in IJHSR – Shoulder Disability, Pain & Kinesiophobia
- 5 National Publication in JIAP – Patient-Reported Outcome Measures: The Indian Perspective

Dr. Surendra Wani – Book Authorship Contribution of 07 Chapters in Handbook for Professional Skill Building in Physiotherapy by CBS Publishers.

Dr. Surendra Wani, Principal, **SRIMS College of Physiotherapy**, made a significant academic contribution as an author by writing **seven chapters** in the *Handbook for Professional Skill Building in Physiotherapy*, published by **CBS Publishers & Distributors Pvt. Ltd.**, in July 2026.

The handbook is designed to strengthen the professional competencies of physiotherapy students by addressing essential skills required for contemporary clinical practice and professional development. Dr. Wani's scholarly contribution reflects his expertise, commitment to quality physiotherapy education, and dedication to developing comprehensive learning resources for future physiotherapy professionals.



SRIMS College of Physiotherapy Secures Its First Copyright Registration

In a significant milestone for academic innovation, **SRIMS College of Physiotherapy** obtained its **first Copyright Registration** from the **Copyright Office, Government of India**, for the development of the **“Patient Reported – Perceived Ease of Airway Clearance Evaluation Questionnaire (PEACE-Q).”**

The copyrighted work was developed by **Dr. Aditya Vaidya** and **Dr. Surendra Wani**, reflecting the institution’s commitment to research, innovation, and the creation of original assessment tools in physiotherapy. The **PEACE-Q** is designed to evaluate patients’ perceived ease of airway clearance, contributing to evidence-based clinical assessment and respiratory physiotherapy practice.

This achievement marks an important step in strengthening the college’s culture of research, intellectual property creation, and academic excellence, laying the foundation for many more innovations in the years ahead.

प्रतिपाद्यधिकार कार्यालय, भारत सरकार | Copyright Office, Government Of India

प्रतिपाद्यधिकार प्रमाणपत्र | Copyright Certificate

प्रतिपाद्यधिकार नियम का नियम 70 | Rule 70 of The Copyright Rules

प्रतिपाद्यधिकार रजिस्ट्रार से उद्धरण | Extracts from the Register of Copyrights

प्रमाणपत्र सं. / Certificate No.: LD-20250173102

आवेदन सं. / Application No.: LD-18028/2025-CO दिनांक करने की तिथि / Date of Filing: 06/05/2025

एतद्वारा यह प्रमाणित किया जाता है कि प्रतिपाद्यधिकार अधिनियम, 1957 के प्रावधानों के अनुसार, उपर्युक्त आवेदन में प्रकट किए गए “Patient Reported – Perceived Ease of Airway Clearance Evaluation Questionnaire (PEACE-Q)” नामक कार्य के लिए प्रतिपाद्यधिकार प्रदान किया गया है।

This is to certify that a copyright has been registered for the work titled “Patient Reported – Perceived Ease of Airway Clearance Evaluation Questionnaire (PEACE-Q)” as disclosed in the below mentioned application in accordance with the provisions of the Copyright Act, 1957.

रचयिता / Authors:	नाम / Name	पता / Address
1.	DR. ADITYA VAIDYA	SRIMS COLLEGE OF PHYSIOTHERAPY, C/O DR. HEDGEWAR RUGNALAYA, GARKHEDA, CHH. SAMBHAJINAGAR-431005
2.	DR SURENDRA WANI	SRIMS COLLEGE OF PHYSIOTHERAPY, C/O DR. HEDGEWAR RUGNALAYA, GARKHEDA, CHH. SAMBHAJINAGAR-431005

स्वामी / Owners:	नाम / Name	पता / Address
1.	SRIMS COLLEGE OF PHYSIOTHERAPY	SRIMS COLLEGE OF PHYSIOTHERAPY, C/O DR. HEDGEWAR RUGNALAYA, GARKHEDA, CHH. SAMBHAJINAGAR-431005

प्रकाशक विवरण / Publisher Details:

कार्य की भाषा / Language of the Work: English

कार्य का विवरण / Description of the Work: N.A.

(सर्तर् / शर्तियाँ, यदि कोई हों) / (Conditions/Remarks, if any): N.A.

दिनांक / Date of ROC: 01/09/2025

Registrar of Copyrights

Faculty Publication in JOSPT Cases

Dr. Aditya Vaidya, Assistant Professor, **SRIMS College of Physiotherapy**, co-authored a peer-reviewed case report titled “A Classic Case of Primary Protrusio Acetabuli,” published in **JOSPT Cases**, Volume 5, Issue 3, in June 2025.

Authored by **Vaibhavi Walimbe, Aditya Vaidya, and Rinkle Malani**, the publication presents a rare clinical case of **Primary Protrusio Acetabuli**, highlighting its clinical presentation, diagnostic approach, and physiotherapy management. This scholarly contribution reflects the faculty's commitment to evidence-based practice, clinical research, and the dissemination of knowledge through internationally recognized scientific publications.

Publication Highlights:

- **Journal:** JOSPT Cases
- **Publisher:** Journal of Orthopaedic & Sports Physical Therapy (JOSPT)
- **Indexing:** PubMed Central
- **Parent Journal:** SCIE (Web of Science), Scopus, PubMed/MEDLINE
- **SCImago Ranking:** Q1
- **Impact Factor:** ≈ 5.1

MUSCULOSKELETAL IMAGING

Vaibhavi Walimbe, PT, PhD Scholar¹ ■ Aditya Vaidya, PT, PhD Scholar² ■ Rinkle Malani, PT, PhD³



A Classic Case of Primary Protrusio Acetabuli

JOSPT Cases 2025;5(3):1-2. Epub 19 June 2025. doi:10.25934/josptcases.2025.0102

CASE PRESENTATION

A 54-year-old female self-referred to outpatient physical therapy with worsening right hip pain, which appeared insidiously 3 months prior. She reported a dull ache in the anterior hip region, which was 5 out of 10 on the numeric pain-rating scale and intermittent sharp groin pain when rising from a seated position. There was pain with all weight-bearing through the right leg.

Physical examination was significant for active straight-leg raise limited by pain to 60°. Right passive hip range limited by pain included internal rotation to 20°, external rotation to 25°, and abduction to 30°. Shortness of iliopsoas on right side was observed. A leg length discrepancy of 1.5 cm was observed on the right side. After 5 sessions of physical therapy, with

no improvement in pain, an orthopaedic referral was initiated. A radiograph of the bilateral hips revealed a right-sided protrusio acetabuli (FIGURES 1 and 2).

TREATMENT/OUTCOMES

Total hip arthroplasty was performed (FIGURE 3). Four weeks of standard rehabilitation was accompanied by task-specific training to address functional limitations

in daily activities. This included sit-to-stand transitions, stair negotiation, and walking over uneven surfaces. This was followed by 2 weeks of home protocol after which, mobility improved with increased, pain-free hip range of motion (abduction: 30°→45°; internal rotation: 20°→35°; external rotation: 25°→40°; active straight-leg raise 60°→80°) and reduced pain intensity on the numeric pain-rating scale (5→2 on activity, none at rest).

Learning Points

- In middle-aged patients with unexplained hip pain and limited motion, intra-articular pathology like primary protrusio acetabuli should be considered, especially when symptoms mimic degenerative joint disease.
- Unilateral presentation, concentric joint space narrowing, and absence of systemic features help differentiate it from secondary causes such as rheumatoid arthritis or metabolic bone disease.

FIGURE 1
An anteroposterior radiograph of the bilateral hips and pelvis revealed a deepened acetabular fossa on the right side, indicating a protrusio acetabuli.



FIGURE 2
In the anteroposterior radiograph of the bilateral hips and pelvis, the red and blue lines highlight the ilioischial lines and the projection of the femoral head medial to the ilioischial line on the right side. Medial displacement of the acetabulum into the pelvic cavity is protrusio acetabuli. The blue line on the left side represents the ilioischial line of the left hip. The medial femoral head slightly overlaps this line, indicating mild protrusio acetabuli on the left side as well, though less pronounced than on the right. Reduced joint space is seen involving left hip joint with subchondral sclerosis, suggestive of changes of osteoarthritis on the left side.



FIGURE 3
Anteroposterior radiograph of the bilateral hips and pelvis 1 week after total hip arthroplasty showing a well-positioned acetabular cup and femoral stem.



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International Research Publication in IJHSR

Dr. Surendra Wani, in collaboration with Dr. Padmashree Chaudhari and co-authors, published an original research article titled **“Do Shoulder Disability Associate with Shoulder Pain Intensity, Mobility and Fear of Movement in Patients with Shoulder Dysfunction?”** in the *International Journal of Health Sciences and Research (IJHSR)*, Volume 15, Issue 6, June 2025.

The study explored the relationship between shoulder disability, pain intensity, shoulder mobility, and fear of movement (kinesiophobia), emphasizing the importance of a comprehensive biopsychosocial approach in the assessment and rehabilitation of patients with shoulder dysfunction. The findings contribute valuable evidence to support clinical decision-making and evidence-based physiotherapy practice.

National Publication in Physiotherapy – The Journal of Indian Association of Physiotherapists

Dr. Surendra Wani, in collaboration with Dr. S. Ganvir, Dr. M.P. Jiandani, Dr. S. Bindra, Dr. N. Kalra, and Dr. P. Sathe, published a scholarly article titled **“Patient-reported Outcome Measures: The Indian Perspective”** in *Physiotherapy – The Journal of Indian Association of Physiotherapists*, Volume 19, 2025, pp. 87–90.

The article highlights the growing importance of **Patient-Reported Outcome Measures (PROMs)** in contemporary physiotherapy practice and discusses their relevance, implementation, and challenges within the Indian healthcare context. It emphasizes the role of PROMs in enhancing patient-centred care, clinical decision-making, and evidence-based rehabilitation.

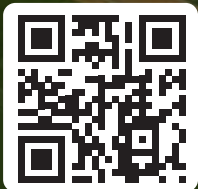
Publication Highlights:

- **Journal:** Physiotherapy – The Journal of Indian Association of Physiotherapists (JIAP)
- **Publisher:** Indian Association of Physiotherapists (IAP) in association with Wolters Kluwer – Medknow
- **Indexing:** DOAJ, Google Scholar, EBSCO, ProQuest, and other recognized databases



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ISBN 978-93-5933-508-7



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